

Laid Back Country

拍數: 32 牆數: 4 級數: Improver
編舞者: Vikki Morris (UK) - August 2011
音樂: Ready To Roll - Blake Shelton : (Album: Red River Blue)



24 count intro. - Dance rotates in CCW direction

Forward lock step. Forward mambo step. Walk back x 2. Coaster step

1 – 3 Step forward on Left. Lock Right behind Left. Step forward on Left
4&5 Rock forward on Right. Recover onto Left. Step back on Right
6 – 7 Walk back Left. Right
8&1 Step back on Left. Step Right beside Left. Step forward on Left

Step. Pivot quarter turn Left. Cross shuffle. Side rock. Behind-side-cross

2 – 3 Step forward on Right. Pivot quarter turn Left (Facing 9 o'clock)
4&5 Cross Right over Left. Step Left to Left side. Cross Right over Left
6 – 7 Rock Left to Left side. Recover onto Right
8&1 Cross Left behind Right. Step Right to Right side. Cross Left over Right

Half Monterey turn Right & cross. Modified half Monterey turn Left. Kick-ball-cross

2 – 3 Point Right to Right side. Half turn Right on ball of Left stepping Right beside Left
4&5 Point Left to Left side. Step Left beside Right. Cross Right over Left
6 – 7 Point Left to Left side. Half turn Left on ball of Right stepping Left beside Right (Facing 9 o'clock)
8&1 Kick Right foot forward. Step Right slightly back. Cross Left over Right

Back. Side. Cross. Side rock. Behind-side-step. Lock

2 – 4 Step back on Right. Step Left to Left side. Cross Right over Left
5 – 6 Rock Left to Left side. Recover onto Right
7&8 Cross Left behind Right. Step Right to Right side. Step forward on Left
& Lock Right behind Left

Start again

***Tag: At the end of wall 3 facing 3 o'clock, add the following 16 count tag**

Step. Scuff x 4 turning full turn Left (with finger clicks)

1 – 2 Step forward on Left. Scuff Right forward
3 – 4 Make one third of a turn Left stepping forward on Right. Scuff Left forward
5 – 6 Make one third of a turn Left stepping forward on Left. Scuff Right forward
7 – 8 Make one third of a turn Left stepping forward on Right. Scuff Left forward

This completes a full circle left

Step. Scuff x 4 turning full turn Right (with finger clicks)

1 – 8 Repeat the above 8 counts but making a full turn Right

Last Revision on site - 13th August 2011