

# Cada Noche

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Beginner  
編舞者: William Sevone (UK) - August 2011  
音樂: Cada Noche - Sparx : (Album: No Hay Otro Amor)



**Choreographers note:- The tempo is fast – use small steps, this also allows for individual Latin styling. My thanks go to Rosalind Yeo for making me aware of this lively piece of rhythmic Mambo music. Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'. Dance starts with the main vocals.**

## **Fwd. Lock. Fwd. Hold. Press Fwd. Recover. Recover. Hold (12:00)**

1 – 2            Step forward onto left. Lock right behind left.  
3 – 4            Step forward onto left. Hold  
5 – 6            Press right forward. Recover onto left.  
7 – 8            Recover onto right. Hold.

## **Press Fwd. Recover. Bwd. Hold. Press Bwd. Recover. Together. Hold (12:00)**

9 – 10            (raising both hands with a 'pushing' motion) – Press left forward. Recover onto right.  
11 – 12           (dropping hands to sides) – Step backward onto ball of left. Hold.  
13 – 14           (drop L heel & raise both hands with a 'pushing' motion) Press right backward. Recover onto left.  
15 – 16           Step right next to left. Hold.

**Styling option: 9-10 'push' right hand fwd -'pull' left hand bwd . 13-14 'push' left hand fwd -'pull' right hand bwd**

## **1/4 Monterey. Side Touch. Hold. Together. Side Touch. 1/2 Monterey. Hold (3:00)**

17 – 18           Touch left to left side. Turn ¼ left & step left next to right (9).  
19 – 20           Touch right to right side. Hold.  
21 – 22           Step right next to left. Touch left to left side.  
23 – 24           Turn ½ left & step left next to right (3). Hold.

## **Press Fwd. 1/4 Side. Touch Together. Hold. Side. Recover. 1/4 Fwd. Hold (9:00)**

25 – 26           Press right forward. Turn ¼ left & step left to left (12)  
27 – 28           Touch right next to left. Hold.  
29 – 30           Press right to right side. Recover onto left.  
31 – 32           Turn ¼ left & step forward onto right (9). Hold.

**Dance Finish: Count 32, Wall 12 – facing 'Home'**