

Arizona Waltz

拍數: 36 牆數: 1 級數: Beginner
編舞者: Mark Magdanz & Rebecca Magdanz - July 2011
音樂: I Love You Arizona - Rex Allen Jr. : (Arizona State Song)



Alt music : almost any slow to medium tempo waltz

[1- 6] Diagonal Waltz Basic Right (forward and back)

1,2,3 Step forward left foot on a diagonal to right, Step right together, Step Left beside
4,5,6 Step back right foot, step left beside right returning turn to center, step right together

[7 – 12] Diagonal Waltz Basic Left (forward and back)

1,2,3 Step forward left foot on a diagonal to left, Step right together, Step Left beside
4,5,6 Step back right foot, step left beside right returning turn to center, step right together

[13 – 18] Step, Drag Left : Step, Drag Right

1,2,3 Step Left foot to the left (large), drag right beside left for 2 counts (no weight)
4,5,6 Step Right foot to the right (large), drag left foot beside right for 2 counts (no weight)

[19 – 24] Waltz Box

1,2,3 Step left forward, step right to the side, step left together
4,5,6 Step right back, step left to the side, step right together

[24 – 30] R Back ½ (inside) Turn : R Sailor (lean in the opposite direction of the back crossing foot)

1,2,3 Step back left foot preparing for R inside turn, Step right together completing ½ turn, Step
Left beside R (6:00)
4,5,6 Sweep right foot behind left, step ball of left to L side; step right next to left

[31 – 36] L Sailor (lean in the opposite direction of the back crossing foot) : L Back (inside) ½ Turn

1,2,3 Sweep left foot behind right, step ball of right to R side , step left next to right
4,5,6 Step back right foot preparing for L inside turn, Step left together completing ½ turn, Step
Right beside L (12:00)

Repeat and enjoy.....
