

# No Words

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Martie Papendorf (SA) - July 2011  
音樂: No Words - Neil Diamond : (CD: Home Before Dark)



## Start - On Lyrics - Restarts- 5 Easy restarts

### S1: Side, Behind, ½ turn spin, Side, Behind, Side, Cross, Side

1,2,3,4      Step R to right side, Cross L behind R, Step R fwd ¼ turn right and spin ¼ turn right on ball of R, Step L to left side, [6.00]  
5,6,7,8      Make a small sweep and cross R behind L, Step L to left side, Step R across L, Step L to left side

### S2: Stamp, HOLD, ¼ heel turn, HOLD, Back, Coaster step

1,2      Stamp R next to L, HOLD,  
3,4      Turn ¼ left by lifting both heels, HOLD [3.00]  
5,6,7 8      Step L back, Step R back, Close L next to R, Step R fwd

### S3: Fwd, Back ¼ left, Sailor turn ¼ left, Touch, Side, Kick

1,2      Rock L fwd, Make ¼ left stepping R back,  
3      Making ¼ turn left sweep L out from front to back and step behind R, [9.00]  
4,5      Step R to right side, Recover L to left side,  
6,7      Touch R behind L, Step R to right side  
8      Kick L low kick diagonally towards [7.30]

### S4: Cross, Rock R L R, Cross, Turn ¼ left, Rock L R

1,2,3      Step L across R, Rock R to right side, Rock L to left side ,  
4      Recover R to right side,  
5,6      Step L across R, Step R back making ¼ turn left, [6.00]  
7,8      Rock L to left side, Recover R to right side

### S5: Fwd, ½ turn left, Back, Touch, 1/8 Paddle slide and step x2

1,2,3,4      Step L fwd, Step R back making ½ turn left, Step L back, Touch R next to L, [12.00]  
5,6      Slide R fwd making 1/8 paddle turn left, Step L next to R,  
7,8      Slide R fwd making 1/8 paddle turn left, Step L next to R, [9.00]

### S6: Fwd, HOLD, Pivot ¼, HOLD, Cross, Side, Behind, Side,

1,2      Step R fwd, HOLD,  
3,4      Pivot ¼ left raising up on toes (weight to L), HOLD, [6.00]  
5,6,7,8      Step R across L, Step L to left side, Cross R behind L, Step L to left side

### S7: Point across, HOLD, Point to side, HOLD, Sailor step, HOLD

1,2      Point R across L, HOLD,  
3,4      Point R to right side, HOLD,  
5,6      Step R behind L, Step L to left side,  
7,8      Recover R to right side, HOLD

### S8: Point across, HOLD, Point to side, HOLD, Fwd, Touch, Fwd, Touch, Step

1,2,      Point L across R, HOLD,  
3,4      Point L to left side, HOLD,  
5,6      Step L diagonal left fwd, Touch R next to L,  
7,8&      Step R diagonal right fwd, Touch L next to R, Step L next to R

**Restarts:**

Wall 2 - after count 8, section 5 (Paddle slides), facing 3.00

Wall 4 - after count 8, section 5 (Paddle slides), facing 6.00

Wall 5 - after count 4, section 6 (Fwd, HOLD, Pivot  $\frac{1}{4}$ , HOLD), facing 12.00

Wall 7 - after count 8, section 5 (Paddle slides), facing 3.00

Wall 8 - after count 4, section 6 (Fwd, HOLD, Pivot  $\frac{1}{4}$ , HOLD), facing 9.00

Ending: Dance ends on 12.00 after "  $\frac{1}{4}$  heel turn " - end off by making a coaster cross.

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