

No Words

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Martie Papendorf (SA) - July 2011
音樂: No Words - Neil Diamond : (CD: Home Before Dark)



Start - On Lyrics - Restarts- 5 Easy restarts

S1: Side, Behind, ½ turn spin, Side, Behind, Side, Cross, Side

1,2,3,4 Step R to right side, Cross L behind R, Step R fwd ¼ turn right and spin ¼ turn right on ball of R, Step L to left side, [6.00]
5,6,7,8 Make a small sweep and cross R behind L, Step L to left side, Step R across L, Step L to left side

S2: Stamp, HOLD, ¼ heel turn, HOLD, Back, Coaster step

1,2 Stamp R next to L, HOLD,
3,4 Turn ¼ left by lifting both heels, HOLD [3.00]
5,6,7 8 Step L back, Step R back, Close L next to R, Step R fwd

S3: Fwd, Back ¼ left, Sailor turn ¼ left, Touch, Side, Kick

1,2 Rock L fwd, Make ¼ left stepping R back,
3 Making ¼ turn left sweep L out from front to back and step behind R, [9.00]
4,5 Step R to right side, Recover L to left side,
6,7 Touch R behind L, Step R to right side
8 Kick L low kick diagonally towards [7.30]

S4: Cross, Rock R L R, Cross, Turn ¼ left, Rock L R

1,2,3 Step L across R, Rock R to right side, Rock L to left side ,
4 Recover R to right side,
5,6 Step L across R, Step R back making ¼ turn left, [6.00]
7,8 Rock L to left side, Recover R to right side

S5: Fwd, ½ turn left, Back, Touch, 1/8 Paddle slide and step x2

1,2,3,4 Step L fwd, Step R back making ½ turn left, Step L back, Touch R next to L, [12.00]
5,6 Slide R fwd making 1/8 paddle turn left, Step L next to R,
7,8 Slide R fwd making 1/8 paddle turn left, Step L next to R, [9.00]

S6: Fwd, HOLD, Pivot ¼, HOLD, Cross, Side, Behind, Side,

1,2 Step R fwd, HOLD,
3,4 Pivot ¼ left raising up on toes (weight to L), HOLD, [6.00]
5,6,7,8 Step R across L, Step L to left side, Cross R behind L, Step L to left side

S7: Point across, HOLD, Point to side, HOLD, Sailor step, HOLD

1,2 Point R across L, HOLD,
3,4 Point R to right side, HOLD,
5,6 Step R behind L, Step L to left side,
7,8 Recover R to right side, HOLD

S8: Point across, HOLD, Point to side, HOLD, Fwd, Touch, Fwd, Touch, Step

1,2, Point L across R, HOLD,
3,4 Point L to left side, HOLD,
5,6 Step L diagonal left fwd, Touch R next to L,
7,8& Step R diagonal right fwd, Touch L next to R, Step L next to R

Restarts:

Wall 2 - after count 8, section 5 (Paddle slides), facing 3.00

Wall 4 - after count 8, section 5 (Paddle slides), facing 6.00

Wall 5 - after count 4, section 6 (Fwd, HOLD, Pivot $\frac{1}{4}$, HOLD), facing 12.00

Wall 7 - after count 8, section 5 (Paddle slides), facing 3.00

Wall 8 - after count 4, section 6 (Fwd, HOLD, Pivot $\frac{1}{4}$, HOLD), facing 9.00

Ending: Dance ends on 12.00 after " $\frac{1}{4}$ heel turn " - end off by making a coaster cross.
