

So In Love

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Yolanda Massey (USA) & Vicki Pierson (USA) - July 2011
音樂: So In Love (feat. Anthony Adams) - Jill Scott : (Album: Light of the Sun)



Intro: 32 counts. (Music is 4:35 mins-- can be faded at 3:52 to shorten and end facing front)

Sec. 1: Point, Kick Ball, Point, Kick Ball, Point, 1/4 R Point, 1/2 R Sailor

1,2& 3,4& Point R to Side, Kick R forward, Step R next to L, Point L to Side, Kick L forward, Step L next to R
5, 6 Point R to side, Turn 1/4 R on ball of L and point R to side 3:00
7&8 Step R behind L, Step R to side, Turn 1/2 R stepping R forward 9:00

Sec. 2: Side, Back Rock, Side, Cross Behind, Back Rock, Rocking Chair, Step

1, 2&3, 4 Step L to Side, Rock R behind L, Recover on L, Step R to Side, Cross L behind R
5& Turning to the L diagonal Rock R back, Recover on L 7:30
6&7&8 Rock forward on R, Recover on L, Rock back on R, Recover on L, Step forward on R

Sec. 3: Syncopated Hip Bumps, 1/2 R Chase Turn, Full Turn L, Step

1&2 Touch L forward and bump hips forward, back, forward while taking weight on L
3&4 Touch R forward and bump hips forward, back, forward while taking weight on R
5&6 Step forward on L, Turn 1/2 R while stepping R next to L, Step forward on L 1:30
(Easier Option: Step forward on L, Turn 1/2 to R stepping forward on R, Step forward on L)
7&8 Step back on R turning 1/2 to L, Step forward on L turning 1/2 to L, Step forward on R 1:30
(Easier Option: Run small steps forward RLR)

Sec. 4: Rock Recover, Back, Sweep, Sweep, 1/8 R Sailor, Point, Cross

1&2 Rock forward on L, Recover on R, Step back on L
3, 4 Sweep R around to back & step down on R, Sweep L to back & step down on L
5&6 Turning 1/8 to L step R behind L, Step L to side, Step R forward 3:00
7, 8 Point L to side, Cross L in front of R

Sec. 5: Point, Cross, Side, Behind, Side, Cross, Scissor, 1/4 R Turn

1, 2 Point R to side, Cross R in front of L
3, 4&5 Step L to side, Cross R behind L, Step L to side, Cross R in front of L
6&7, 8 Step L to side, Step R next to L, Cross L in front of R, Step forward on R turning 1/4 to R 6:00

Sec. 6: Step, Step, 1/2 L Turn, Step, Point & Point, 1/4 R Turn, Down, Up

1, 2&3 Step forward on L, Step forward on R, Turn 1/2 to L stepping forward on L, Step forward on R 12:00
4&5 Point L to side, Step L next to R, Point R to side
6 Keep toe pointed to R side and turn 1/4 R on ball of L while rolling R knee to R. Weight is on L 3:00
7, 8 With weight on L and knee popped forward, dip body down and up

Sec. 7: 1/8 L Paddle, 1/8 L Paddle, 1/2 R Jazz Box

1, 2, 3, 4 Step down on R, Turn 1/8 to L on L, Step on R, Turn 1/8 to L on L (Roll your hips) 6:00
5, 6, 7, 8 Cross R over L, Step L back, Turn 1/2 R stepping forward on R, Step forward on L

Sec. 8: Walk RL, Mambo, Coaster, Walk RL

1, 2, 3&4 Walk forward on R and L, Rock forward on R, Recover on L, Step R next to L
5&6, 7, 8 Step back on L, Step R next to L, Step forward on L, Walk forward on R and L 6:00

