

How About You

拍數: 32 牆數: 4 級數: Improver
編舞者: Jo Kinser (UK), John Kinser (UK) & Mark Furnell (UK) - July 2011
音樂: I Need a Woman - McFly



Start on the vocals, 16 counts in.

[1-9] Side Cross Rock, Side Close Side, Rock Back, Triple 1/2 Turn

1,2,3 Step Rt to Rt, Rock Lt over Rt, Recover weight Rt
4&5 Step Lt to Lt, Step Rt next to Lt, Step Lt to Lt
6,7 Rock Rt behind Lt, Recover weight Lt
8&1 Make 1/4 turn Lt stepping Rt to Rt, Step Lt next to Rt, Make 1/4 turn Lt stepping Rt back (6:00)

[10-17] Rock Back, Triple 1/2 Turn Side, Cross Rock, Side Close Side

2,3 Rock Lt back, Recover weight Rt
4&5 Make 1/2 turn Rt stepping Lt back, Make 1/2 turn Rt stepping Rt fwd, Step Lt to Lt
(Easy Version: Step Fwd Lt, Rt, step Lt to Lt).
6,7 Rock Rt over Lt, Recover weight Lt
8&1 Step Rt to Rt, Step Lt next to Rt, Step Rt to Rt

RESTART: On Wall 10, facing 9:00.

[18-25] Cross Rock, Side Close Side, Cross, Unwind 1/2 Turn-Touch, Side Close Side

2,3 Rock Lt over Rt, Recover weight Rt
4&5 Step Lt to Lt, Step Rt next to Lt, Step Lt to Lt
6,7 Step Rt over Lt, Unwind 1/2 turn Lt (Transferring weight Rt) touching Lt next to Rt (12:00)
8&1 Step Lt to Lt, Step Rt next to Lt, Step Lt to Lt

[26-32] Cross Samba X2, Rock Fwd, 1-1/4 Turn

2&3 Step Rt over Lt, Rock Lt to Lt, Step Rt Fwd Diagonal Rt
4&5 Step Lt over Rt, Rock Rt to Rt, Step Lt Fwd
6,7 Rock Rt fwd, Recover weight Lt
8&a Make 1/2 turn Rt stepping Rt fwd, Make 1/2 turn Rt stepping Lt next to Rt, Make 1/4 turn Rt (3:00)

(Easy Version: Make 1/4 turn Rt stepping Rt to Rt, Step Lt next to Rt).

TAG: On Wall 5, facing 12:00 add the following 8 Counts

[1-8] Side Cross Rock, Side Close Side, Rock Back, Side Close Side

1,2,3 Step Rt to Rt, Rock Lt over Rt, Recover weight Rt
4&5 Step Lt to Lt, Step Rt next to Lt, Step Lt to Lt
6,7 Rock Rt behind Lt, Recover weight Lt
8& Step Lt to Lt, Step Rt next to Lt

HAVE FUN !!