

Swingfly

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Malene Jakobsen (DK) - June 2011
音樂: Little Did I Know (feat. Pauline & Christoffer Hiding) (Radio Version) - Swingfly



Intro: 64 counts from the beginning, 27 sec. into track on vocals - dance begins with weight on L

Note: If you think the track is too long, you can fade it just after 3.00 minutes. The first section is not as hard as it may appear at first, just go for it :-)

[1-8] Step, kick, flick 1/4, kick, step, touch, 1/4 kick, step

1-2 (1) Step fwd. on R, (2) kick L fwd. 12.00
3-4 (3) Flick L back making 1/4 turn on ball of R, (4) kick L fwd. 3.00
5-6 (5) Step slightly fwd. on L, (6) touch R next to L 3.00
7-8 (7) On ball of L turn 1/4 R kicking R fwd., (8) step down on R 6.00

[9-16] Toe strut, fwd. rock, toe strut back, back rock

1-2-3-4 (1) Touch L toes fwd., (2) step down on L, (3) rock fwd. on R, (4) recover onto L 6.00
5-6-7-8 (5) Touch R toes back, (6) step back on R, (7) rock back on L, (8) recover onto 6.00

[17-24] 1/4, kicking jazz box, kick, cross

1-2 (1) Step fwd. on L, (2) turn 1/4 R - weight on R 9.00
3-4-5-6 (3) Kick L fwd., (4) cross L over R, (5) step back on R, (6) step L to L 9.00
7-8 (7) Kick R fwd., (8) cross R over L 9.00

[25-32] Toe strut back, toe strut side, cross rock, side, touch

1-2 (1) Touch L toes back, (2) step down on L 9.00
3-4 (3) Touch R toes to R, (4) step down on R 9.00
5-6-7-8 (5) Rock L across R, (6) recover onto R, (7) step L to L, (8) touch R next to L 9.00

Tags: There are 2 very easy tags – after wall 2 (facing 6.00) and after wall 7 (facing 3.00)

Step, hold, step hold – with shoulder shimmies

1-2-3-4 (1) Step fwd. on R, (2) hold, (3) step fwd. on L, (4) hold

Optional: If you choose to play the whole song, you can add a finish:

Do the tag once more and add a stomp fwd. on R - if you do this, you will be facing 12.00.

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