

Love Is The Word

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4
編舞者: Larry Schmidt (USA) - July 2011
音樂: Love Is the Word - Sweetback

級數: Easy Intermediate



[1-8] SWAY RIGHT, SWAY LEFT, BUMP RIGHT X2, SWAY LEFT, SWAY RIGHT, TOUCH BEHIND, STEP SIDE

1, 2 Step right foot right swaying hips right, Recover weight left swaying hips left
3&4 Bump hips right, Return weight to center, Bump hips right taking weight.
5, 6 Sways hips left, Sway hips right.
7, 8 Touch left toes behind right foot, Step left foot left.

[9-16] CROSS ROCK, RECOVER, ¼ TURN- ¼ TURN - CROSS, SIDE ROCK, RECOVER, SAILOR STEP FORWARD

1, 2 Rock right foot across left, Recover weight to left.
3&4 Turn ¼ right stepping forward right, Turn ¼ right stepping left to side, Step right across left.
5, 6 Rock left onto left foot, Recover weight to right.
7&8 Step left behind right, Step right foot right, Step left foot forward.

[17-24] ROCK, RECOVER, TRIPLE ½ TURN, ROCK RECOVER, TRIPLE 1 ½ TURN

1, 2 Rock forward onto right, Recover weight to left.
3&4 Turn ¼ right stepping to side onto right, Step left next to right, Turn ¼ right stepping forward on right.
5, 6 Rock forward onto left, Recover weight to right.
7&8 Turn ½ left stepping forward on left, Step ½ left stepping back on right, Turn ½ left stepping forward on left.

[25-32] WALK, WALK, FORWARD COASTER, ½ TURN, ¼ TURN, BEHIND-SIDE-CROSS

1, 2 Step right forward, Step left forward
3&4 Step right forward, Step left next to right, Step right foot back.
5, 6 Turn ½ left stepping forward onto left. Turn ¼ left stepping to side on right.
7&8 Step left behind right, Step right foot right, Step left across right.

Repeat & Enjoy

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