# Take It From There

**拍數:** 48 **牆數:** 2 **級數:** Easy Intermediate

**編舞者:** Neville Fitzgerald (UK) & Julie Harris (UK) - July 2011

**音樂:** I Can Take It from There - Chris Young

Starts On Vocal (16 Counts.)

### Side, Together, Forward, Side, Together Back, Sway, Sway, Behind & Cross.

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|---|---|
| 1-3 | Step Left to Left side, step Right next to Left, step forward on Left. |
| 4&5 | Step Right to Right side, step Left next to Right, step back on Right. |
| 6-7 | Sway hips to Left, sway hips to Right. |
| 8&1 | Cross step Left behind Right, step Right to Right side, cross step Left over Right. |

### Point, Cross, Rock & Cross, 1/4, Side, Right Shuffle.

| | |
|---|---|
| 2-3 | Point Right to Right side, cross step Right over Left. |
| 4&5 | Rock Left to Left side, recover on Right, cross step Left over Right. |
| 6-7 | Make 1/4 turn to Left stepping back on Right, step Left to Left side. |
| 8&1 | Step forward on Right, step Left next to Right, step forward on Right. |

### Rock Step, Coaster Step, Rock Step, Shuffle 1/2.

| | |
|---|---|
| 2-3 | Rock forward on Left, recover on Right. |
| 4&5 | Step back on Left, step Right next to Left, step forward on Left. |
| 6-7 | Rock forward on Right, recover on Left. |
| 8&1 | Make 1/4 turn Right stepping Right to Right side, step Left next to Right, 1/4 turn Right stepping forward on Right. |

### Rock Step, Shuffle 1/2, Step, 1/2 Pivot, Kick & Step.

| | |
|---|---|
| 2-3 | Rock forward on Left, recover on Right. |
| 4&5 | Make 1/4 Left stepping Left to Left side, step Right next to Left, 1/4 turn Left stepping forward Left. |
| 6-7 | Step forward on Right, pivot 1/2 turn to Left. |
| 8&1 | Kick Right forward, step Right next to Left, step forward on Left. |

### Walk, Walk, Mambo Step, Back, Back, Coaster Cross.

| | |
|---|---|
| 2-3 | Walk forward Right-Left. |
| 4&5 | Rock forward on Right, recover on Left, step back on Right. |
| 6-7 | Walk back Left-Right. |
| 8&1 | Step back on Left, step Right next to Left, cross step Left over Right. |

### Side Rock, Sailor 1/4, Cross Rock, Chasse Left.

| | |
|---|---|
| 2-3 | Rock Right to Right side, recover on Left. |
| 4&5 | Make 1/4 turn to Right cross stepping Right behind Left, step Left next to Right, step Right to Right side. |
| 6-7 | Cross rock Left over Right, recover on Right. |
| 8&(1) | Step Left to Left side, step Right next to Left, (1) (step Left to Left side). |