

Smooth & Slotted

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner WCS
編舞者: Irene Tang (HK) - July 2011
音樂: All Night Long (feat. Pitbull) - Alexandra Burke : (Album: Overcome Deluxe Edition)



Alt. Music: Bury Me (6 Feet Under) by Alexandra Burke (Album: Overcome Deluxe Edition)

Count In: After 32 counts (for both music), start dancing on lyrics

SEC 1: WALK, WALK, ANCHOR STEP, BACK, BACK, BACK COASTER

1 – 2 Step R forward, step L forward
3&4 Step R slightly behind L, recover weight onto L, recover weight onto R
5 – 6 Step L back, step R back
7&8 Step L back, close R to L, step L forward

SEC 2: HIP & STEP, HIP & STEP, FORWARD, RECOVER, 1/2 SHUFFLE R

1&2 Touch R forward bumping hips to R, bump hips to L, transfer weight on R
3&4 Touch L forward bumping hips to L, bump hips to R, transfer weight on L
5 – 6 Rock R forward, recover on L
7&8 Turn 1/2 R on L stepping R forward, lock L behind R, step R forward

SEC 3: POINT, CROSS, POINT, CROSS, FORWARD, RECOVER, BACK COASTER

1 – 2 Point L to L, cross L over R
3 – 4 Point R to R, cross R over L
5 – 6 Rock L forward, recover on R
7&8 Step L back, close R to L, step L forward

SEC 4: SLOW PRISSY WALK X 2, FORWARD, RECOVER, BACK, CLOSE

1 – 4 Slow prissy walk on R, L
5 – 6 Rock R forward, recover on L
7 – 8 Big step back on R, close L to R

TAG : For music of "All Night Long", there is a 4-count tag at the end of Wall 10 (facing 12:00)

1 – 4 Point R forward to diagonal L, slowly sweep R drawing half a circle clockwise towards L

Contact - Website: www.linedancehk.com - Email: crazylinedancer@yahoo.com.hk