A Night Like This

拍數: 32

級數: Improver - Rumba Rhythm

編舞者: Suzanne Hoffmann (DE) - July 2011

音樂: A Night Like This - Caro Emerald : (CD: A Night Like This)

Alt. Music:-No One Needs To Know by Shania Twain [136 bpm / The Woman In Me / Greatest Hits] Way Down South by Josh Turner [CD: Your Man / Your Man]

Let's Find A Church by Josh Turner [CD: Haywire]

Start dancing on lyrics

FORWARD MAMBO, HOLD, BACK MAMBO, HOLD

- 1-2 Rock right forward, recover to left
- 3-4 Step right to left, hold
- 5-6 Rock left back, recover to right
- 7-8 Step left to right, hold

Mambos are danced using Cuban hip movement

RIGHT LOCK STEP FORWARD, HOLD

- 1-2 Step right forward, lock left behind right
- 3-4 Step right forward, hold

FORWARD STEP, PIVOT TURN, FORWARD STEP, HOLD

- 5-6 Step left forward, turn ½ right (weight to right)
- 7-8 Step left forward, hold

SIDE MAMBO, HOLD, SIDE MAMBO, HOLD

- 1-2 Rock right side, recover left
- 3-4 Step right to left, hold
- 5-6 Rock left side, recover right
- 7-8 Step left to right, hold

Mambos are danced using Cuban hip movement Restart here in the 11th wall, after the 24 count instrumental

SIDE STEP, BEHIND, SIDE STEP, HOLD

- 1-2 Step right to side, cross left behind right
- 3-4 Step right to side, hold

SIDE, BEHIND, SIDE, HOLD, ROCK FORWARD TURNING ¼ RIGHT, RECOVER TURNING ¼ LEFT, HOLD

- 1-2 Step right to side, cross left behind right
- 3-4 Step right to side, hold
- 5-6 Step left forward, rock to right while turning upper body ¼ turn right and swinging hips and arms right
- 7-8 Recover to left while turning upper body ¼ turn left and swinging hips left, hold

Option: triple full turn (left, right, left), hold

REPEAT

RESTART: Only for "A Night Like This", restart on wall 11 after count 24





牆數

牆數:2