

# Aliens & UFOs

COPPER KNOB  
BY STEPHEN

拍數: 68      牆數: 2      級數: Intermediate / Advanced  
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - June 2011  
音樂: Aliens & UFO's - Vanessa Amorosi : (3:15)



24 count intro – start on verse vocals.

[1-9] Walk back R & L, R & L apart bumping hips L/R/L, R rock back/recover, walk fwd R & L (or L full turn fwd over 2 counts)

1-2            Step R back, step L back  
&3-5          Step R back, step L apart bumping L hip, bump R hip, bump L hip (weight on L)  
6-7            Rock R back, recover weight on L  
8-1            Turning ½ left step R back, turning ½ left step L forward

**Non-turning option 8-1: step R forward, step L forward**

[10-16] Scuff R fwd, R cross step, L back, R back, scuff L fwd, L cross step, R back

2-4            Scuff or sweep R over L, cross step R over L, step L back  
5-6            Step R back on right diagonal, scuff or sweep L over R  
7-8            Cross step L over R, step R back

[17-24] L back, R touch tog, R fwd shuffle, ¼ R sweep on L, L cross step, R side, L tog

1-2            Step L back, touch R together  
3&4            Step R forward, step L together, step R forward  
5-6            Sweep L over R turning ¼ right, cross step L over R (3 o'clock)  
7-8            Step R side, step L together

[25-32] R side, L cross rock/recover, L side, L diagonal rocking chair (R lead)

1-4            Step R side, cross rock L over R, recover weight on R, step L side  
5-6            Turning towards L diagonal rock R forward, recover weight on L (1 o'clock)  
7-8            Rock R back, recover weight on L

[33-40] L diagonal: R fwd, L tap, L back squaring to wall, R side, L cross step, R tog, twist heels R, twist toes R

1-2            Still on L diagonal step R forward, tap L behind R  
3-6            Step L back squaring to wall (3 o'clock), step R side, cross step L over R, step R together  
7-8            With feet together twist heels right, twist toes right (weight ends on R)

[41-48] R diagonal: L fwd, R tap, R back squaring to wall, L side, R cross step, L tog, twist heels L, twist heels right turning ¼ L

1-2            On right diagonal (5 o'clock) step L forward, tap R behind L  
3-6            Step R back squaring to wall (3 o'clock), step L side, cross step R over L, step L together  
7-8            With feet together twist heels left, twist heels right turning ¼ left (weight on L) (12 o'clock)

[49-56] R fwd rock/recover, ½ R shuffle, L fwd rock, L fwd rock/recover, L back shuffle

1-2            Rock R forward, recover weight on L  
3&4            Turning ½ right step R forward, step L together, step R forward (6 o'clock)  
5-6            Rock L forward, recover weight on R  
7&8            Step L back, step R together, step L back

**RESTART 2: During WALL 5 dance up to this point and restart the dance facing back wall**

[57-64] R touch back, ½ R, L fwd, ½ R pivot, L fwd shuffle, R fwd rock/recover

1-4            Touch R back, turning ½ right step heel down, step L forward, pivot ½ right  
5&6            Step L forward, step R together, step L forward

7-8 Rock R forward, recover weight on L

**RESTARTS 1&3: During WALLS 4 & 6 dance up to this point and restart the dance facing front wall.**

**[65-68] R back rock/recover, R fwd, ½ L pivot**

**TO BEGIN THE DANCE AGAIN TURN ANOTHER ½ L**

1-4 Rock R back, recover weight on L, step R forward, pivot ½ left, turn another ½ left as you start the dance again stepping R back

**Non-turning alternative for 3-4: Rock fwd/recover**

**Contact: Tel: 01462 735778 - Web site: [www.thedancefactoryuk.co.uk](http://www.thedancefactoryuk.co.uk)**

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