

Second Sunday

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Celia Stevens (NZ) - July 2011
音樂: Second Sunday - Jessica Andrews : (Album: Now)



16 Count Intro, start on vocals. - This dance is done in all four directions rotating anti-clockwise:

[1 – 8] CROSS, SIDE, SAILOR, CROSS, SIDE, SAILOR.

1, 2, 3&4 Step R over left, Step L to side, Step R behind, Step L to side, Step R to side,
5, 6, 7&8 Step L over right, Step R to side, Step L behind, Step R to side, Step L to side.

[9 – 16] SYNCOPATED ROCKING CHAIR, FWD POINT, CROSS, ¼, SHUFFLE.

1 & 2 & [Do the following on an angle facing 11:00] Step R forward, Recover weight L, Step R back,
Recover weight L
3, 4 [Straighten up to 12:00] Step R forward, Point L toe to side,
5, 6 7&8 Step L over right, Turn ¼ left step R back, Step L back, Step R together, Step L back. 9:00

[17 – 24] ROCK, ¼ SHUFFLE, BEHIND, SIDE, CROSS SAMBA.

1, 2, 3&4 Step R back, Recover weight L, Turn ¼ left step R to side, Step L together, Step R to side,
6:00
5, 6, 7&8 Step L behind, Step R to side, Step L over right, Step R to side, Step L to side, [Wall 5
Restart here-3:00] (^)

[25 – 32] CROSS, ¼, ½ SHUFFLE, FWD ¾ PIVOT, SHUFFLE.

1, 2, Step R over left, Turn ¼ right step L back, 9:00
3&4 Turn ½ right step R forward, Step L together, Step R forward, 3:00
5, 6 Step L forward, Turn ¾ right weight R 12:00
7&8 Step L to side, Step R together, Step L to side.

[33 – 40] ROCK, COASTER, FWD COASTER, ½, ¼.

1, 2, 3&4 Step R forward, Recover weight L, Step R back, Step L together, Step R forward,
5&6 Step L forward, Step R together, Step L back,
7, 8 Turn ½ right step R forward, Turn ¼ right step L to side. 9:00

[41 – 48] BEHIND, SIDE, CROSS SHUFFLE, ROCK, CROSS SHUFFLE.

1, 2, 3&4 Step R behind, Step L to side, Step R over left, Step L to side, Step R over left,
5, 6, 7&8 Step L to side, Recover weight R, Step L over right, Step R to side, Step L over right. [Wall 2
Restart here-6:00] (*)

[49 – 56] ¼ PIVOT, CROSS SAMBA, SAILOR, KICK-BALL-CROSS.

1, 2, 3&4 Step R forward, Turn ¼ left weight L, Step R over left, Step L to side, Step R to side, 6:00
5&6 Step L behind, Step R to side, Step L to side, [Wall 3 Restart here-12:00] (#)
7&8 Kick R forward, Step R together, Step L over right.

[57 – 64] ROCK, CROSS SHUFFLE, SIDE-ROCK-¼, FWD, FWD.

1, 2, 3&4 Step R to side, Recover weight L, Step R over left, Step L to side, Step R over left,
5&6, 7, 8 Step L to side, Recover weight R, Turn ¼ right step L forward, Step R forward, Step L
forward. 9:00

[64] REPEAT & ENJOY!

TAG: At the end of Wall 1 add the following 4 count tag. Syncopated rock, fwd, fwd.

1&2&, 3, 4 Step R forward, Recover weight L, Step R back, Recover weight L, Step R forward, Step L
forward.

RESTARTS:

On Wall 2 dance up to count 48 (*) then restart from beginning now facing 6:00

On Wall 3 dance up to count 54 (#) then restart from beginning now facing 12:00

On Wall 5 dance up to count 24 (^) then restart from beginning now facing 3:00

FINISH: To finish facing 12:00 on Wall 7 dance up to count 26 then do a ¼ side shuffle to finish.

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