

Sunshine

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Improver
編舞者: Glenda Lane - July 2011
音樂: Walkin' In The Sunshine - Roger Miller : (Album: All Time Greatest Hits)



8 count Intro - Start dancing on lyrics

LINDY RIGHT, ROCKING CHAIR, LINDY LEFT, ROCKING CHAIR

1&2-3-4 Step right, together, right, cross rock left behind right, recover.
5-6-7-8 Rock left forward, recover, rock left back, recover

Repeat 1-8 on left side.

TURNING GRAPEVINE, HEEL TWISTS, STEP TOUCH AND CLAP 2 TIMES

1-8 Step right to side, cross left behind right, step right to side, turn 1/2 right and step left to side (6:00) cross right behind left, step left to side, cross right behind left, step right to side, step left together.
9-16 Swivel heels right, center, swivel heels left, center, step right back, touch left together, clap, step left back, touch right together, clap (step, clap 4X during 4th rotation, see Bridge)

SHUFFLE FORWARD, ROCK RECOVER, SHUFFLE BACK, ROCK RECOVER, MAMBO TURN FRONT AND BACK

1&2-3-4 Step right forward, step left together, step right forward, rock left forward, recover to right
5&6-7-8 Step left back, step right together, step left back, rock right back, recover to left
1-16 Rock right forward, recover to left, turn 1/2 right and step right together, hold, rock left forward, recover to right, turn 1/2 left, step left together, hold

HEEL TWIST, TWO TIMES, JAZZ BOX WITH TURN 1/4 LEFT, STEP TOUCH 4 TIMES MAKING FULL TURN LEFT

1-8 Cross right heel over left, step left to side, cross right heel over left, step left to side, cross right over left, step left back, step right together, turn 1/4 left and step left together (3:00)
9-16 Turn 1/4 left and step right forward, touch left together (12:00), turn 1/4 left and step left forward, touch right together (9:00), turn 1/4 left and step right forward, touch left together (12:00), turn 1/4 left and step left forward, touch right together (3:00)

REPEAT

BRIDGE: During the 4th rotation, there is a four count tag after the first 32 counts.

Step back right, tap left toe beside right and clap hands, step back left, tap right toe beside left and clap hands. Then continue with remaining 32 counts of dance.

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