

Heavy Metal Lover

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Clare Bull (UK) - July 2011
音樂: Heavy Metal Lover - Lady Gaga : (Album: Born This Way)



Intro: 80 Counts (Start On Lyrics)

CROSS ROCK, CHASSE, WEAVE

1,2 Cross Right over Left, recover on Left
3&4 Step Right to Right side, step together with Left, step Right to Right side
5,6 Cross Left over Right, step Right to Right side
7,8 Cross Left behind Right, step Right to Right side

CROSS ROCK, 1/4 TURN, 1/4 TURN, BACK ROCK, KICK & POINT

1,2 Cross Left over Right, recover on Right
3,4 Make 1/4 turn Left stepping fwd on Left, Make 1/4 turn Left stepping Right to side
5,6 Rock back on Left, recover Right
7&8 Kick Left fwd, Replace weight on Left, point Right to Right side

SAMBA, CROSS, BACK, BACK, CROSS, COASTER

1&2 Cross step Right Fwd over Left, Rock Left to Left side, Recover weight on Right
3,4 Cross Left over Right, step back on Right
5,6 Step back on Left, cross Right over Left
7&8 Step back on Left, step Right next to Left, step fwd on Left

JAZZ 1/4, SIDE SWITCHES, SIDE ROCK

1-4 Cross Right over Left, make a 1/4 turn Right stepping back on Left, step Right to Right side, step fwd on Left
5&6& Point Right to Right side, replace weight on Right, point Left to Left side, Replace weight on Left
7,8 Rock Right to Right side, recover on Left

RESTART - Wall 4 After 16 Counts

TAG - End Of Wall 9 - Hold For 4 Counts

ENDING - To Finish Front Replace Steps 31,32 With A Right Point, 1/2 Turn
