

# Pain of A Man

COPPER KNOB  
BY STEPHEN T. S.

拍數: 72      牆數: 4      級數: Intermediate  
編舞者: Tina Chen Sue-Huei (TW) - July 2011  
音樂: Nan Ren De Tong Ni Yong Yuan Bu Hui Dong (男人的痛你永遠不會懂) - DJ  
Remix



Note of Appreciation – special thanks to Sue-rong Yang and BM Leong.

Intro: 32 counts – start on vocal.

## RIGHT LINDY, HEEL TOUCHES, FORWARD

1&2      Cha cha to right side on RLR  
3-4      Cross left behind right, recover onto right  
5&6&      Touch left heel forward, step left together, touch right heel forward, step right together  
7&8      Touch left heel forward, step left together, step right forward

## ROCKING CHAIR, TRIPLE 1/2 TURN RIGHT, BACK ROCK

1-2      Rock left forward, recover onto right  
3-4      Rock left back, recover onto right  
5&6      Triple 1/2 turn right on LRL  
7-8      Rock right back, recover onto left

## RIGHT LINDY, HEEL TOUCHES, FORWARD

1&2      Cha cha to right side on RLR  
3-4      Cross left behind right, recover onto right  
5&6&      Touch left heel forward, step left together, touch right heel forward, step right together  
7&8      Touch left heel forward, step left together, step right forward

## ROCKING CHAIR, TRIPLE 1/2 TURN RIGHT, BACK, 1/4 TURN RIGHT

1-2      Rock left forward, recover onto right  
3-4      Rock left back, recover onto right  
5&6      Triple 1/2 turn right on LRL  
7-8      Step right back, turning 1/4 right recover onto left

## KICK-KICK-COASTER STEP X 2

1-2      Kick right over left, kick right to right side  
3&4      Coaster step on RLR  
5-6      Kick left over right, kick left to left side  
7&8      Coaster step on LRL

## FORWARD ROCK, CHASSE 1/4 TURN RIGHT, FORWARD, PIVOT 1/4 TURN RIGHT, CROSS CHA CHA

1-2      Cross right over left, recover onto left  
3&4      Chasse 1/4 turn right on RLR  
5-6      Step left forward, pivot 1/4 turn right  
7&8      Cross cha cha on LRL

## SIDE-ROCK-CROSS CHA CHA X 2

1-2      Rock right to right side, recover onto left  
3&4      Cross cha cha on RLR  
5-6      Rock left to left side, recover onto right  
7&8      Cross cha cha on LRL

## ROCKING CHAIR X 2

1-2 Rock right forward, recover onto left  
3-4 Rock right back, recover onto left  
5-6 Rock right forward, recover onto left  
7-8 Rock right back, recover onto left

**PIVOT 1/2 TURN LEFT, FORWARD CHA CHA, FULL TURN RIGHT, FORWARD CHA CHA**

1-2 Step right forward, pivot 1/2 turn left  
3&4 Cha cha forward on RLR  
5-6 Turning 1/2 right step left back, turning 1/2 right step right forward  
7&8 Cha cha forward on LRL

**RESTART during walls 3, 5, & 7 after 64 counts omitting the two rocking chairs ( counts 57-64 ) i.e. dance counts 1-56 + 65-72.**

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