

Under My Skin

拍數: 64 牆數: 2 級數: Improver
編舞者: Simon Ward (AUS) & Søren Kristensen (DK) - June 2011
音樂: Under My Skin - Gin Wigmore : (CD: Holy Smoke)



[1-8] Right Toe Strut, Cross Toe Strut, Step Side, Hold, Rock Back, Recover

1-2 Touch right toe to right side, Drop right heel taking weight onto right
3-4 Touch left toe over right, Drop left heel taking weight onto left
5-6 Step right to right side slightly dragging left, Hold
7-8 Rock/step left behind right, recover weight onto right

[9-16] Left Toe Strut, Cross Toe Strut, Step Side, Hold, Rock Back, Recover

1-2 Touch left toe to left side, Drop left heel taking weight onto left
3-4 Touch right toe over left, Drop right heel taking weight onto right
5-6 Step left to left side slightly dragging right, Hold
7-8 Rock/step right behind left, recover weight onto left

[17-24] ¼ Turn R, Lock Step Fwd Right, Brush, Lock Step Fwd Left, Brush

1-2 Turn ¼ turn right stepping right forward, lock/step left behind right
3-4 Step right forward, brush left foot forward
5-6 Step left forward, lock/step right behind left
7-8 Step left forward, brush right foot forward

[25-32] ¼ Turn Left, Touch Together, ¼ Turn Left, Touch Together, ¼ Turn, Vine Right, Cross/Step

1-2 Turn ¼ turn left stepping onto right, touch left beside right
3-4 Turn ¼ turn left stepping left slightly forward, touch right beside left
5-6 Turn ¼ turn left stepping right to right side, step left behind right
7-8 Step right to right side, cross/step left over right

[33-40] Right Side, Left Heel, Left Side, Right Heel, Vine Right, Left Heel

1-2 Step right slightly to right, touch left heel at 45 deg left
3-4 Step left slightly to left side, touch right heel at 45 deg right
5-6 Step right to right side, step left behind right
7-8 Step right slightly to right, touch left heel at 45 deg left

[41-48] Left Side, Right Heel, Right Side, Left Heel, Vine Left, Brush Right

1-2 Step left slightly to left side, touch right heel at 45 deg right
3-4 Step right slightly to right, touch left heel at 45 deg left
5-6 Step left to left side, step right behind left
7-8 Step left to left side, brush right foot across left

[49-56] Cross Toe Strut, Back Toe Strut, Side Toe Strut, Fwd, Touch Together

1-2 Touch right toe across left, drop right heel taking weight on right
3-4 Touch left toe back, drop left heel taking weight onto left
5-6 Touch right toe slightly to right, drop right heel taking weight onto right
7-8 Step left slightly forward, touch right beside left

[57-64] Point Side, Touch Together, Hitch, Step Side, Cross/Rock. Recover, Side, Touch Together

1-2 Point right toe to right side, touch right beside left
3-4 Hitch right knee, step right slightly to right side
5-6 Cross/rock left over right, recover weight back on right
7-8 Step left slightly to left side, touch right beside left

Restart

TAG: On the 3rd Wall repeat the 1st 4 counts of dance

1-2 Touch right toe to right side, Drop right heel taking weight onto right

3-4 Touch left toe to left side, Drop left heel taking weight onto left
