

12 0'clock Appt

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Colin B. Smith (UK) & Roz Chaplin (UK) - July 2011
音樂: Midnight Mix - Paul Bailey : (Download from Pauls web Site)



Intro 32 Counts

ROCK STEP, SHUFFLE ½ TURN, ROCK STEP, COASTER STEP

1-2 Rock forward on right, recover on left
3&4 Make ½ turn to right stepping right, left, right (6.00)
5-6 Rock forward on left, recover on right
7&8 Step back on left, step right beside left, step left forward

VAUDVILLE X2, SHUFFLE FORWARD, ROCK STEP

1&2& Cross right over left, step left back, dig right heel forward, step right beside left
3&4& Cross left over right, step right back, dig left heel forward, step left beside right
5&6 Step right forward, step left beside right, step right forward
7-8 Rock forward on left, recover on right

1½ TURNS STEP, KICK & POINT X2

1-2 Make ½ turn to left stepping left forward, make ½ turn to left stepping right back (6.00)
3-4 Make ½ turn to left stepping left forward, step right forward (12.00)
5&6 Kick left foot forward, step left beside right, point right to right side
7&8 Kick right foot forward, step right beside left, point left to left side

Easier Option step 2-4 Walk forward right, left, right

HEEL SWITCHES X2, PIVOT ¼ TURN, CROSS SHUFFLE, SLIDE STEP

1&2& Dig left heel forward, step left beside right, dig right heel forward, step right beside left
3-4 Step left forward, pivot ¼ turn to right (3.00)
5&6 Cross left over right, step right small step to right, cross left over right
7-8 Step right long step to right, step left up to right (weight on left)

* Restart here at this point on wall 3 and 6

SIDE ROCK, BEHIND-SIDE-CROSS, SIDE ROCK, BEHIND-SIDE-CROSS

1-2 Rock right to right side, recover onto left
3&4 Cross right behind left, step left behind right, cross right over left
5-6 Rock left to left side, recover onto right
7&8 Cross left behind right, step right to right side, cross left over right

WALK, WALK, KICK BALL CHANGE, ROCK FORWARD, RECOVER, SHUFFLE ½ TURN

1-2 Walk forward right, walk forward left
3&4 Kick right foot forward, step right beside left, step left forward
5-6 Rock forward on right, recover onto left
7&8 Make ½ turn to right stepping right, left, right (9.00)

SWITCHES, ROCK, RECOVER, COASTER STEP

1&2& Touch left toe to left side, step left toe beside right, dig right heel forward, step right beside left
3&4& Touch left toe back, step left foot beside right, touch right toe to right, step onto right foot(taking weight)
5-6 Rock forward onto left foot, recover onto right
7&8 Step back on left, step right beside left, step left forward

STEP, PIVOT ½ TURN, SHUFFLE ½ TURN, COASTER STEP, WALK X2

- 1-2 Step right forward, pivot ½ turn to left
- 3&4 Make ½ turn to left stepping right, left, right
- 5&6 Step left back, step right beside left, step left forward
- 7-8 Walk forward right left (3.00)

Last Revision - 11th July 2011
