

I Teach U How 2 Burlesque!

拍數: 64 牆數: 4 級數: Intermediate
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音樂: Show Me How You Burlesque - Christina Aguilera



Dance starts after 16 counts from heavy beat (approx 31 secs)

[1-8] Forward Right Charleston , Back Left Charleston , Rock Recover , ¼ Sailor Right

- 1 , 2 - Touch Right Forward (1) , Step Right Back (2)
- 3 , 4 - Touch Left Back (3) , Step Left Forward (4)
- 5 , 6 - Step Right Forward (5) , Recover Left (6)
- 7 & 8 - ¼ Right Turn Sweep, Step on Right (7) , Step Left Next To Right (&) , Step Right Forward (8)

[2-8] Forward Left Charleston , Back Right Charleston, Rock Recover , ¼ Shuffle Left

- 1 , 2 - Touch Left Forward (1) , Step Left Back (2)
- 3 , 4 - Touch Right Back (3) , Step Right Forward (4)
- 5 , 6 - Step Left Forward (5) , Recover Right (6)
- 7 & 8 - ¼ Left Turn Left To Left Side (7) , Step Right Next To Left (&) , Step Left To Left (8)

[3-8] Pivot ½ Left Turn x2 , Forward Toe Strut right , Forward Toe Strut Left

- 1 , 2 - Step Right Forward (1) , Pivot ½ Left Turn, Step On Left (2)
- 3 , 4 - Step Right Forward (3) , Pivot ½ Left Turn, Step On Left (4)
- 5 , 6 - Toe Touch Right (5) , Step Right (6)
- 7 , 8 - Toe Touch Left (7) , Step Left (8)

[4-8] Jazz Box ¼ Right Turn , Jazz Box ½ Right Turn

- 1 , 2 - Cross Right Over Left (1) , ¼ Right Turn Step Left Behind (2)
- 3 , 4 - Step Right To Right (3) , Cross Left Over Right (4)
- 5 , 6 - Cross Right Over Left (5) , ¼ Right Turn , Step Left Behind (6)
- 7 , 8 - ¼ Right Turn Step Right To Right (7) , Cross Left Over Right(8)

[5-8] Crosses Kick Left , Crosses Kick Right , Crosses Kick Left , Crosses Kick Right

- 1 & 2 & - Cross Right Over Left (1) , Step Left To Left (&) , Cross Right Over Left (2) , Kick Left (&)
- 3 & 4 & - Cross Left Over Right (3) , Step Right To Right (&) , Cross Left Over Right (4) , Kick Right (&)
- 5 & 6 & - Cross Right Over Left (5) , Step Left To Left (&) , Cross Right Over Left (6) , Kick Left (&)
- 7 & 8 & - Cross Left Over Right (7) , Step Right To Right (&) , Cross Left Over Right (8) , Kick Right (&)

[6-8] Cross Unwind ½ Left Turn , Sailor Heel , Together Cross Side , Sailor Left

- 1 , 2 - Cross Right Over Left (1) , 1/2 Left Turn (2)
- 3 & 4 & - Step Right Behind Left (3) , Step Left Next To Right (&) , Heel Touch diagonally (4) , Step Right Next To Left (&)
- 5 , 6 - Cross Left Over Right (5) , Step Right To Right(6)
- 7 & 8 - Step Left Behind Right (7) , Step Right Next To Left (&) , Step Left To Left (8)

Tag 1 - Heel Toe Swivel Right , Heel Toe Swivel Left (4 counts) – wall 1

- 1 , 2 - Swivel Left Heel Up To Left Side AND Swivel Right Toe Up To Right Side (1) , Recover (2)

3 , 4 - Swivel Left Toe Up To Left Side AND Swivel Right Heel Up To Right Side (3) , Recover (4)

[7-8] Swivel Left , Swivel Right , Chicken Walk Forward

1 & 2 & - Swivel Left and Right Heel To Left (1) , Swivel Left And Right Toe To Left (&) , Swivel Left and Right Heel To Left (2) , Swivel Left And Right Toe To Left (&)

3 & 4 & - Swivel Left and Right Toe To Right (1) , Swivel Left And Right Heel To Right (&) , Swivel Left and Right Toe To Right (2) , Swivel Left And Right Heel To Right (&)

5 , 6 - Swivel Right Forward (5) , Swivel Left Forward (6)

7 , 8 - Swivel Right Forward (7) , Swivel Left Forward (8)

Tag 2 - Forward Toe Strut x3 , Pivot ½ Turn Right , Forward Toe Strut x4 , Anti Clock Wise Hip Roll x2 (20 counts)

1,2,3,4 - Toe Touch Right (1) , Step Right (2) , Toe Touch Left (3) , Step Left (4)

5 , 6 - Toe Touch Right (5) , Step Right (6)

7 , 8 - Step Left Forward (7) , ½ Right Turn , Step On Right (8)

1,2,3,4 - Toe Touch Left (1) , Step Left (2) , Toe Touch Right (3) , Step Right (4)

5,6,7,8 - Toe Touch Left (5) , Step Left (6) , Toe Touch Right (7) , Step Right (8)

1,2,3,4 - Step Left To Left , Hip Roll Anti Clockwise x2 (weight end on Left)

[8-8] Pivot ½ Left Turn , Side Hip Bumps Right , Side Hip Bumps Left , Bump Right , Bump Left

1 , 2 - Step Right Forward (1) , Pivot ½ Left Turn , Step On Left(2)

3 & 4 - Step Right To Right Side and Hip Bumps Right (3&4)

5 & 6 - Recover To Left Side and Hip Bumps Left (5&6)

7 , 8 - Hip Bump Right (7) , Hip Bump Left (8)

Ending – WALL 4

Pivot ½ Left Turn , Pivot ½ Left Turn , Side Hip Bumps x2 , Recover Left , Hold, Sit

1 , 2 - Step Right Forward (1) , Pivot ½ Left Turn , Step On Left(2)

3 , 4 - Step Right Forward (3) , Pivot ½ Left Turn , Step On Left(4)

5 & 6 & - Right To Right Side and Hip Bumps Right (5&6) , Recover Left (&)

7 , 8 - Hold (7) , Sit On Left (8)

Sequence of dance :

Wall 1 - 6-8 (48 Counts) + 4 Counts Tag (TAG 1)

Wall 2 - 8-8 (64 Counts)

Wall 3 - 7-8 (56 Counts) + 20 Counts Tag (TAG 2)

Wall 4 - 8-8 (64 Counts)

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