

Bo Peep Bo Peep

COPPER KNOB
BY STEPHEN T. S.

拍數: 0 牆數: 1 級數: Phrased Intermediate
編舞者: Tina Chen Sue-Huei (TW) - July 2011
音樂: Bo Peep Bo Peep - T-ara



Start after 16 counts with the Intro. - Sequence of Dance: Intro/ABBCA/tag1/BBCA/hold 2
cts/tag2/B(17-32)x2/CA/tag2(1-16)

INTRO

- 1-2 Turning 1/4 R walk forward on right, walk forward on left
3-4 Turning 1/4 L step right to right side, recover onto left
5-8 Bump hips RLR, hold (move palms RLR like a car's wipers)
- 1-2 Turning 1/4 L walk forward on left, walk forward on right
3-4 Turning 1/4 R step left to left side, recover onto right
5-8 Bump hips LRL, hold (move palms LRL like a car's wipers)

SECTION A

- 1-2 Turning 1/4 R walk forward on right, walk forward on left
3-4 Turning 1/4 L step right to right side, recover onto left
5-8 Bump hips RLR, hitch left (press palms together at chest level & move them LRLR)
- 1-2 Turning 1/4 L walk forward on left, walk forward on right
3-4 Turning 1/4 R step left to left side, recover onto right
5-8 Bump hips LRL, hitch right (press palms together at chest level & move them RLRL)
- 1-4 Walk forward on RLRL
5-8 Touching R toes forward, bump hips forward/back/forward/back
(press palms together above head & slither down like a snake)
- 1-4 Walk backward on RLR, touch L toes forward
5-8 Bump hips forward/back/forward/back
(press palms together above head & slither down like a snake)

SECTION B

- 1-2 Step right to right side, touch left heel forward
3-4 Step left to left side, touch right heel forward
5-6 Step right forward to right diagonal, step left together
7-8 Raise toes twice
- 1-2 Turning 1/8 right (9.00) step right forward, touch left toes forward rolling fists inwards
3-4 Touch left toes back point right fist forward, 1/2 turn left maintaining left foot & right fist forward
5-6 Body roll over 2 counts
7-8 Chest pumps x 2
- 1-2 Walk back on right, walk back on left
3-4 Turning 1/2 right step right forward, touch left together
5-6 Walk back on left, walk back on right
7-8 Turning 1/4 left step left to left side, touch right together
(Place palms facing downward on each side)
- 1-2 Jump right to right side, touch left together pointing right fingers forward

- 3-4 Jump left to left side, touch right together pointing left fingers forward
- 5-6 Jump right to right side, touch left together pointing right fingers forward
- 7-8 Jump left to left side, touch right together pointing left fingers forward

SECTION C

- 1-2 Turning 1/4 right rock right forward pushing chest out, recover onto left pulling chest in
- 3-8 Repeat 1-2 another three times.

- 1-2 Turning 1/2 left rock left forward pushing chest out, recover onto right pulling chest in
- 3-8 Repeat 1-2 another three times.

- 1-4 Step in place RLRL
- 5-6 Placing both hands behind your back, touch right heel forward, step right together
- 7-8 Touch left heel forward, step left together

- 1-2 Step right to right side, touch left together clapping hands over head
- 3-4 Step left to left side, touch right together clapping hands over head
- 5-6 Fan heels out bending knees, fan heels in recovering
- 7-8 Fan heels out bending knees, fan heels in recovering

(5-8 hand action like collecting something from the floor)

TAG 1: 8 counts

- 1-4 Rocking chair on RLRL
- 5-8 Step right forward, pivot 1/2 turn left, step right forward, pivot 1/2 turn left

TAG 2: 32 counts

- 1-2 Hold for 2 counts (start tag on hard beats.)
- 1-4 Walk right forward, hold, walk left forward, hold
- 5-8 Walk right forward, hold, touch left together, hold
- 1-4 Turning 1/2 left walk left forward, hold, walk right forward, hold
- 5-8 Walk left forward, hold, step right forward, pivot 1/2 turn left
- 1-4 Turning 1/4 right walk right forward, hold, walk left forward, hold
- 5-8 Turning 1/4 left step right to right side, hold, lean body to right side pointing right hand to right, Hold
- 1-4 Turning 1/4 left walk left forward, hold, walk right forward, hold
- 5-6 Walk left forward, hold

(Note: please refer to the video for other hand actions not described here.)

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