

Feel Good Dance

COPPER KNOB
STEPSHEETS

拍數: 104 牆數: 2 級數: Phrased Low Intermediate
編舞者: GS Ang (MY) - July 2011
音樂: Pei Wo Qu Mai Cai (陪我去買菜) - Angeline Ni Ni (小妮妮)



Sequence of Dance: B24/A/B16/A/B/A/B16/A54 - Start the dance after 16 counts from the beginning of the track.

(A - 64 counts)

WALK, WALK, WALK, KICK, BACK, BACK, BACK, TOUCH

1-4 Walk forward on RLR, kick left forward
5-8 Walk backward on LRL, touch right together

MONTEREY 1/4 TURN RIGHT X 2

1-4 Monterey 1/4 turn right on RRL
5-8 Monterey 1/4 turn right on RRL

WALK, WALK, WALK, KICK, BACK, BACK, BACK, TOUCH

1-4 Walk forward on RLR, kick left forward
5-8 Walk backward on LRL, touch right together

MONTEREY 1/4 TURN RIGHT X 2

1-4 Monterey 1/4 turn right on RRL
5-8 Monterey 1/4 turn right on RRL

RIGHT AND LEFT LINDY

1&2 Right side cha cha on RLR
3-4 Cross left behind right, recover onto right
5&6 Left side cha cha on LRL
7-8 Cross right behind left, recover onto left

RIGHT AND LEFT SHOOPS

1-2 Step right forward to right diagonal, step left together
3-4 Step right forward to right diagonal, scuff left
5-6 Step left forward to left diagonal, step right together
7-8 Step left forward to left diagonal, scuff right

ROCKING CHAIR, MONTEREY 1/2 TURN RIGHT

1-4 Rocking chair on RLRL
5-8 Monterey 1/2 turn right on RRL

TURNING CHA CHA x 4

1&2 1/4 turn right cha cha forward on RLR
3&4 1/4 turn right cha cha forward on LRL
5&6 1/4 turn right cha cha forward on RLR
7&8 1/4 turn right cha cha forward on LRL

(B - 40 counts)

CROSS, POINT, CROSS, POINT, PADDLE 1/4 TURN LEFT X 2

1-2 Cross right over left, point left to left side
3-4 Cross left over right, point right to right side
5-6 Paddle 1/4 turn left on RL
7-8 Paddle 1/4 turn left on RL

CROSS, POINT, CROSS, POINT, PADDLE 1/4 TURN LEFT X 2

- 1-2 Cross right over left, point left to left side
- 3-4 Cross left over right, point right to right side
- 5-6 Paddle 1/4 turn left on RL
- 7-8 Paddle 1/4 turn left on RL

RIGHT AND LEFT VINES WITH TOUCHES

- 1-2 Step right to right side, cross left behind right
- 3-4 Step right to right side, touch left together
- 5-6 Step left to left side, cross right behind left
- 7-8 Step left to left side, touch right together

HIP BUMPS RRL, RLRL

- 1-8 Bump hips RRL, RLRL

PIVOT 1/2 TURN-FORWARD CHA CHA X 2

- 1-2 Step right forward, pivot 1/2 turn left
- 3&4 Forward cha cha on RLR
- 5-6 Step left forward, pivot 1/2 turn right
- 7&8 Forward cha cha on LRL

Contact: www.sjlinedancer.blogspot.com
