

Slide On Over

拍數: 32 牆數: 4 級數: Beginner
編舞者: Melissa Monter - July 2011
音樂: I'll Be Your Man - James Blunt



Begin on Lyrics

Walk, Walk, Right Mambo, Walk, Walk, Left Mambo

1-2 Right foot forward, left foot forward
3&4 Right side rock, recover, right step in place (side mambo step)
5-6 Left foot forward, right foot forward
7&8 Left side rock, recover, left step in place (side mambo step)

Slide to the right, step, step, slide to the left, step, step

1-3 Step right foot to the side and slide left to meet right (keep weight on right)
&4 Step left, then right (similar to ball change) keeping weight on right foot
5-7 Step left foot to the side and slide right to meet left (keeping weight on left)
&8 Step right, then left (similar to ball change) keeping weight on left foot

1/2 turn, 1/4 turn, hip bumps

1-2 Step right foot forward and 1/2 turn (facing 6 o'clock wall)
3-4 Step right foot forward and 1/4 turn (facing 3 o'clock wall)
5-6 2 hip bumps to the right
7&8 Hip bumps left, right, left

Right rock recover, right shuffle, left rock recover, left shuffle

1-2 Right cross rock, recover
3&4 Right side shuffle, right, left, right
5-6 Left cross rock, recover
7&8 Left side shuffle, left, right, left

Start over

*Near the end of the song, the music slows and has a break (you will be facing the 9 o'clock wall), keep dancing at the same beat!
