

# Under My Skin

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Craig Bennett (UK) - June 2011  
音樂: Under My Skin (Club Remix) - Sarah Connor : (3:07)



## [1-8] Kick out, out, Cross side, Sailor 1/4, Rock 1/2 turn

1&2      Kick right forward, Step right to right side, Step left to left side  
&3-4      Step right next to left, Cross left over right, Step right to right side  
5&6      Step left behind right, Make 1/4 turn left stepping right to side, step left to left side  
7&8      Rock forward onto right, Recover onto left, Make 1/2 turn stepping forward onto right

## [9-16] Step lock, and Step lock, Walk around 1/2 turn left

1-2 &      Step left to left diagonal, lock right behind, Step left to left diagonal  
3-4&      Step right to right diagonal, Lock left behind, Step right to right diagonal  
5-6      1/4 turn left stepping forward left, Step forward onto right  
7-8      1/4 turn left stepping forward left, Step forward onto right

## [17-24] Rock recover, Behind 1/4 step, Step 1/2 step, Rock and back

1-2      Rock left to left side, Recover onto right  
3&4      Step left behind right, Make 1/4 turn right stepping forward onto right, Step forward left  
5&6      Step forward onto right, Make 1/2 turn left, Step forward onto right  
7-8      Rock forward onto left, Recover back onto right

## [25- 32] Back point, Change point, 1/2 turn, Right side shuffle

1-2      Step back left, Point right to right side  
&3&4      Step right next to left, Point left to left side, Step left next to right, Point right to right side  
5-6      Make 1/2 turn right stepping forward onto right, Step left to left side  
7&8      Step right to right, Step left next to right, step right to right side

## [33-40] Left cross back, Right cross back, Step 1/2 turn, 1/2 1/4 side

1-2&      Cross left over right, Step back onto right, Step left to left side  
3-4&      Cross right over left, Step back onto left, Step right to right side  
5-6      Step forward left, Make 1/2 turn right  
7&8      Step forward onto left, Make 1/2 turn left stepping back onto right, 1/4 turn left stepping left to left side

## [41-48] Rock back side, Rock back side, Coaster step, Step

&1-2&      Step right next to left, Step left to left side, Rock back onto right, Recover onto left  
3      Step right to right side  
4&5      Rock back onto left, Recover onto right, Step left to left side  
6&7      Step back right, Step left next to right, Step right forward  
8      Step forward left (taking weight)

Start again

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