

Sway On The Floor

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Jessica Guu (USA) & Jenny Brown (USA) - July 2011
音樂: Sway With Me - Haifa Wehbe : (Cover)



Intro - 32 Count, No tag, No restart

After 32 Intro before the main dance: 4 Counts – (feet shoulder width apart) sway RLRL, then start the dance

Section 1: Side Together, Shuffle Forward; Forward Recover, ½ L Shuffle Forward

1-2 3&4 Step R to R, step L together; shuffle forward RLR
5-6 7&8 Step L forward, recover R; 1/2L shuffle forward LRL (6:00)

Section 2: ¼ L Side Together, Shuffle Forward; Forward Recover, 1/4L L Chasse

1-2 3&4 ¼L Step R to R, step L together; shuffle forward RLR (3:00)
5-6 7&8 Step L forward, recover R; 1/4L step L to L side, step R together, step L to L side (12:00)

Section 3: Step Behind Recover, Kick Ball Cross; Side Recover, Sailor 1/4R

1-2 3&4 Step R behind L, recover L; kick R diagonal forward, step R ball together, cross L over R
5-6 7&8 Step R to R side, recover; sweep R behind L turn 1/4R, step L to L, step R forward (3:00)

Section 4: Forward Touch Behind, Lock Back; Back Hook, Lock Forward

1-2 3&4 Step L forward, touch R toe behind L heel; lock step back RLR
5-6 7&8 Step L back, hook R across L shin, lock step forward RLR

Section 5: Modified Rumba Box

1-2 3&4 Step L to L side, step R together; step L to L side, step R together, step L forward
5-6 7&8 Step R to R side, step L together; step R to R side, step L together, step R back

Section 6: Walk BackX2, Back Mambo; Forward, ¼ L(Pivot), Cross Shuffle

1-2 3&4 Walk back LR; step L back, recover R, step L forward
5-6 7&8 Step R forward, ¼ L recover L, cross shuffle RLR (12:00)

Section 7: Modified Monterey ½ Turn, Side, Recover, Together; Cross Recover, SwayX3

1-2 3&4 Point L toe to L, 1/2L step L together; step R to R, recover L, step R together (6:00)
5-6 7&8 Cross L over R, recover R, step L to L side and sway LRL

Section 8: Cross Recover Chasse 1/4R; Forward 1/2R, Side Recover Cross

1-2 3&4 Cross R over L, recover L; step R to R side, L together, 1/4R step R forward (9:00)
5-6 7&8 Step L forward, 1/2R (pivot); step L to L side, recover R, cross L over R (3:00)

Enjoy!

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