

# Live Life, Love And Learn

**COPPER** KNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Beginner (funny)  
編舞者: Sebastiaan Holtland (NL) - July 2011  
音樂: Because We Do - The Ditty Bops : (Album: Summer Rains 2008)



**32 count intro start on the words "The World" (16 Sec)**

**Sec 1: [1-8] Heels Fwd, Back, Hook, Lock Step Fwd, Point**

- 1-2 Step forward on R heel, Step forward on L heel (12:00)
- 3-4 Step Rf back, Lf hook up across Rf holding weight onto Rf
- 5-7 Step Lf forward, lock Rf behind Lf, step Lf forward weight onto Lf
- 8 Point Rf out to right holding weight onto Lf (12:00)

**Sec 2: [9-16] Cross, 1/4 Turn R, Back, Back, Touch, Cross, 1/4 Turn L, Back, Back, Point**

- 1-2 Cross Rf over Lf, turn 1/4 right (3), step Lf back weight onto Lf
- 3-4 step Rf back, touch Lf next to Rf
- 5-6 Cross Lf over Rf, turn 1/4 left (12), step Rf back weight onto Rf
- 7-8 Step Lf back, point Rf out to right holding weight onto Lf (12:00)

**Sec 3: [17-24] Walks Fwd R-L-R, 1/4 Turn R, Lift, Cross Vine R, Sweep**

- 1-3 Stepping Rf forward, stepping Lf forward, step Rf forward weight onto Rf
- 4 Turn 1/4 right (3) lift L knee up holding weight onto Rf
- 5-7 Cross Lf over Rf, step Rf to the right, step Lf behind Rf
- 7-8 Sweep Rf from front to back holding weight onto Lf (3:00)

**Sec 4: [25-32] Behind, Side, Cross Vine L, 1/4 Turn L, Fwd, 1/2 Turn L, Back, Back**

- 1-2 Step Rf behind Lf, step Lf to the left weight onto Lf (3)
- 3-6 Cross Rf over Lf, step Lf to the left, step Rf behind Lf, turn 1/4 left (12) step Lf forward weight onto Lf
- 7-8 Turn 1/2 left (6) step Rf back, step Lf back weight onto Lf

**Sec 5: [33-40] Heel Strut, Heel Bounce Twice, 1/4 Turn L, Heel Bounce Twice**

- 1-2 Step forward on R heel, step Rf back in place on ball (6) (heel strut)
- 3-4 Bounce R heel twice take weight onto Rf
- 5-6 Turn 1/4 left (3) step forward on L heel, step Lf back in place on ball (heel strut)
- 7-8 Bounce L heel twice take weight onto Lf (3)

**Sec 6: [41-48] Cross Rock / Recover, Side Rock / Recover, Back Rock / Recover, 1/2 Turn L, Back, Back**

- 1-2 Cross rock Rf forward, recover on Lf (3:00)
- 3-4 Rock Rf to the right, recover on Lf
- 5-6 Rock Rf back, recover on Lf
- 7-8 Turn 1/2 left (9) step Rf back, step Lf back weight onto Lf

**Sec 7: [49-56] Point, Fwd, Point, Together (weight change), 2x Kick Ball Step Fwd**

- 1-2 Point Rf out to the right, step Rf forward weight onto Rf (9:00)
- 3-4 Point Lf out to left, step Lf together take weight onto Lf \*\*Restart\*\*
- 5&6 Kick Rf forward, step Rf back in place on ball, step Lf forward
- 7&8 Kick Rf forward, step Rf back in place on ball, step Lf forward (9:00)

**Restart here WALL 3 after 52 counts (Facing 3 o'clock)**

**Sec 8: [57-64] Hip Bumps R-L-R, Replace Hitch, Cross, 1/4 Turn R, Back, Turn 1/2 L, Side, Together (weight change)**

- 1-2 Step Rf to the right bump R hip to the right side, bump L hip to the left (9)

3-4 Bump R hip to the right side, recover on Lf hitch R knee up holding weight onto Lf  
5-6 Cross Rf over Lf, turn 1/4 right (12) step Lf back weight onto Lf  
7-8 Turn 1/4 right (3) step Rf to the right, step Lf next to Rf take weight onto Lf (3:00)

**Start Again, Enjoy!**

**Contact: [smoothdancer79@hotmail.com](mailto:smoothdancer79@hotmail.com)**

---