

Oh My God

拍數: 64 牆數: 2 級數: Phrased Novice
編舞者: Christina Sivefjord (SWE) - June 2011
音樂: Oh My God! - The Moniker



Verse: 1- 32

Right Lock Shuffle. Left Lock Shuffle. Rock Recover with ½ turn Right. Right Shuffle

1 & 2 Step Right forward. Lock Left behind Right. Step Right forward
3 & 4 Step Left forward. Lock Right behind Left. Step Left forward
5 & 6 Rock Right forward. Recover weight back on Left. Make 1/2 Right stepping Right forward
7 & 8 Close Left beside Right. Step Right forward. (06.00).

Left Lock Shuffle. Right Lock Shuffle. Rock Recover with ½ turn Left. Left Shuffle

1 & 2 Step Left forward. Lock Right behind Right. Step Left forward
3 & 4 Step Right forward. Lock Left behind Left. Step Right forward
5 & 6 Rock Left forward. Recover weight back on Right. Make 1/2 turn Left stepping Left forward
7 & 8 Close Right beside Left. Step Left forward. (12.00).

Step Beside, Chasse Right, Cross Rock, Step Beside

1 – 2 Step Right to the Right, Step Left beside Right
3 & 4 Step Right to Right side. Close Left beside Right. Step Right to Right
5 – 6 Rock forward Left over Right, Recover weight back on Left
7 – 8 Step Left to the Left, Step Right beside Left

Step Beside, Chasse Left, Cross Rock, Step Beside, Chasse Right

1 & 2 Step Left to Left side. Close Right beside Left. Step Left to Left
3 – 4 Rock forward Right over Left, Recover weight back on Right
5 – 6 Step Right to the Right, Step Left beside Right
7 & 8 Step Right to Right side. Close Left beside Right. Step Right to Right

Repeat 1 – 32

Corus: 33 - 64

Jazzbox, Point Front, Point Left, Turn Left

1 – 4 Cross Right over Left, Step Left back, Step Right to Right side, Touch Left beside Right.
5 – 6 Point Left Toe front, Point Left Toe Left side, Cross Left behind Right with a sweep and turn
1/4 left
7 & 8 Right over Left. Step Left into Right. (09.00).

Jazzbox, Side Steps, Step Forward, Raise Your Arms

1 – 4 Cross Right over Left, Step Left back, Step Right to Right side, Touch Left beside Right.
5 – 6 Step Left, Touch Right Toe to Left side
7 – 8 Step Right forward (with hip bumps), Raise your Arms

Step Forward, Raise your Arms, Mambo Forward, Coster Step Backwards

1 – 2 Step Left forwards (with hip bumps), Raise your Arms
3 & 4 Step Right forward, Step Left beside Right, Step Right beside Left
5 – 6 Step Left backward, Step Right backward,
7 & 8 Rock Left back recover on Right, Step Left forward

Step Turn ¼ x 2, Rock Step, Step Back, Kick, Step Beside

1 – 2 Step Right forward, Turn ¼ Left,
3 – 4 Step Right forward, Turn ¼ Left

5 – 6 Rock Right forward, Recover on Left
7 & 8 Step Right back, Kick Left forward, Step Left beside Right, Tap Right next to Left. (03.00)

Sequence:

Repeat Corus 1 Times (06.00)

Pause (music stops for a moment)

Repeat Verse 1 times

Pause (music stops for a moment)

Repeat Corus 2 times (12.00)

Tag

Repeat Corus 2 times (06.00)

Finish: Make the first 8 counts of Corus, Step Right to Right, Sway Right, Sway Left and Lift your Arms straight out at both sides at the end. (03.00)

Tag:

1 – 3 Step Right to Right side and sway Right, Sway Left, Sway Right, arms are Down

4 – 6 Sway Left, Raise your Arms up, Sway Right, Raise your Arms up
