

She's a Lady

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Eva Pau (CAN) - June 2011
音樂: She's a Lady - Tom Jones



Start dancing after 16 count

WEAVE RIGHT, SIDE SHUFFLE, BACK ROCK RECOVER

1 – 4 Step right to side, step left behind right, step right to side, cross left over right
5&6 7-8 Side shuffle right, left, right, rock left behind right, recover on right

WEAVE LEFT, SIDE SHUFFLE, BACK ROCK RECOVER

1 – 4 Step left to side, step right behind left, step left to side, cross right over left
5&6 7-8 Side shuffle left, right, left, rock right behind left, recover on left

1 ½ TURN LEFT, ROCK STEP COASTER STEP

1 – 4 Step right forward pivot ½ turn L, step right back ½ turn L, step left forward ½ turn L

(Easier option for count 3 – 4 : walk forward right, left)

5-6 7&8 Rock right forward, recover on left, step right back, step left together, step right forward

1 ½ TURN RIGHT, ROCK STEP COASTER STEP

1 – 4 Step left forward pivot ½ turn R, step left back ½ turn R, step right forward ½ turn R

(Easier option: for count 3 – 4 : walk forward left, right)

5-6 7&8 Rock left forward, recover on right, step left back, step right together, step left forward

ROCKING CHAIR, FORWARD ROCK RECOVER, STEP ½ TURN RIGHT

1 – 4 Rock right forward, recover on left, rock right back, recover on left

5 – 8 Rock right forward, recover on left, step right forward ½ turn R, step left forward

Restart here on 3rd rotation (facing 12:00) Add 2 count tag – bump hips right & left and restart

FORWARD SHUFFLE RIGHT & LEFT, STEP ½ TURN LEFT X 2

1 & 2 Shuffle forward right, left, right

3 & 4 Shuffle forward left, right, left

5 – 8 Step right forward pivot ½ turn L x 2

ROCKING CHAIR, JAZZ BOX ¼ TURN RIGHT

1 – 4 Rock right forward, recover on left, rock right back, recover on left

5 – 8 Cross right over left, step left back, step right to side ¼ turn R, step left forward

SIDE ROCK RECOVER, SAILOR STEP RIGHT & LEFT, CROSS UNWIND ½ TURN LEFT

1 – 2 Rock right to right, recover on left

3 & 4 Step right behind left, step left slightly to side, step right to right

5 & 6 Step left behind right, step right slightly to side, step left to left

7 – 8 Cross right over left, unwind ½ turn L with weight on left

Repeat