

Midnight Flyer

拍數: 48 牆數: 4 級數: Beginner
編舞者: Lane Lee (MY) - July 2011
音樂: Midnight Flyer - Nat "King" Cole : (CD: Let's Face The Music & Dance)



Intro : 16 count

Section 1: Forward Right Shuffle, Hip Bump, Forward Left Shuffle, Hip Bump

1&2 Step forward on R, Step L next to R, Step forward on R (weight on R)
3-4 Hip bump L, Hip bump R
5&6 Step forward on L, Step R next to L, Step forward on L (weight on L)
7-8 Hip bump R, Hip bump L (12.00)

Section 2: Rock Recover, ½ Turn Right Shuffle, ¼ Turn Right, Cross Point

1-2 Rock forward on R, Recover weight on L
3&4 ½ turn R Step forward on R, Step L next to R, Step forward on R
5-6 Step L forward, ¼ turn R Stepping R to R
7-8 Cross L over R , Point R to R (9.00)

Section 3: Back Cross Point, Rocking Chair

1-4 Cross R behind L (Body diagonal R), Point L to L, Cross L behind R (Body diagonal L), Point R to R
5-8 Rock forward on R, Recover weight on L, Rock back on R, Recover weight on L (9.00)

Section 4: Pivot ½ Turn Left, Right Shuffle, Left Coaster

1-2 Step R forward, Pivot ½ turn L
3&4 Step forward on R, Step L next to R, Step forward on R
5-6 Rock forward on L, Recover weight on R
7&8 Step back on L, Step R beside L, Step forward on L (3.00)

Section 5: Right Jazz Box ¼ Turn Right, Kick Ball Step x 2 (Travelling forward)

1-4 Cross R over L, Step back on L, Step R to R, Cross L over R
5&6 Kick R forward, Step R next to L, Step L next to R
7&8 Kick R forward, Step R next to L, Step L next to R (6.00)

Section 6: Pivot ½ Turn Left x 2, Step ¼ Turn Left With Hip Roll

1-4 Step R forward, Pivot ½ turn L, Step R forward, Pivot ½ turn L (6.00)
5-8 Step R forward, ¼ turn L Step on L, Step on R,L with anti-clockwise hip roll (weight on L) (3.00)

Restart: On Wall 3 After 16 Count (facing 3.00)
Start Again!!! Have Fun

Special thanks to my students "Mas & Lilian" for preparing and providing this fun music.

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