More Than I Can Say

拍數: 32

級數: Beginner

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音樂: More Than I Can Say - Leo Sayer

SWAY, SWAY, SAILOR CROSS; SWAY, SWAY, SAILOR CROSS

- 1-2 Sway R hip to R, Sway L hip to L
- 3&4 Step R behind L, Step L to L, Cross R over L
- 5-6 Sway L hip to L, Sway R hip to R
- 7&8 Step L behind R, Step R to R, Cross L over R

FORWARD, RECOVER, COASTER; FORWARD, RECOVER, TRIPLE ½ TURN L

- 1-2 Rock RF forward, Recover weight back on LF
- 3&4 Step back on RF, Step LF beside RF, Step RF forward
- 5-6 Rock LF forward, Recover weight back on RF
- 7&8 Make a ½ turn L w Triple Steps (LRL) (6)
- (angle body slightly diagonal to 7:00)

CROSS ROCK, CHASSE; CROSS ROCK, CHASSE ¼ L

- 1-2 Cross rock R over L, Recover weight onto L
- 3&4 Step R to R, Step L beside R, Step R to R
- 5-6 Cross rock L over R, Recover weight onto R
- 7&8 (Turn ¼ L) Step L to L, Step R beside L, Step L to L (3)

FULL TURN L, SHUFFLE FORWARD, PIVOT ½ R, FULL TURN R

- 1-2 Step R forward ½ turn L (9), Step L ½ turn L (3)
- 3&4 Step R forward, Step L beside R, Step R forward
- 5-6 Step L forward, Pivot ¹/₂ turn R (9)
- 7&8 Make a full turn R with Triple steps (LRL)

ENJOY





牆數:4