

Can You Feel The Love Tonight

COPPER **KNOB**
BY SHEETS

拍數: 32 牆數: 4 級數: Beginner Rumba
編舞者: Irene Groundwater (CAN) - March 2011
音樂: Can You Feel the Love Tonight (Rumba / 27 BPM) - Ross Mitchell, His Band and Singers : (CD: 25 Top Rumbas)



Dance Pattern: Intro = 16 cts, (1-32) x 8 – Dance ends facing front – Ending – Make a circular movement with the hands –up-side-down.

Note: This dance is based on the Social style Rumba (S-Q-Q-S-Q-Q)

Special Note: When using options – this dance becomes a Beginner Line Dance.

[1-8] TOUCH, HIP, REPLACE, TOG, TOUCH, HIP, REPLACE, TOG

1-2 Touch R Ball to right, Rotate R Hip-fwd-then to right side switching weight to R
3-4 Replace weight on L, Step R beside L
5-6 Touch L Ball to left, Rotate L Hip-fwd-then to left side switching weight to L
7-8 Replace weight on R, Step L beside R

(Option - Count 2 – Switch weight to R – No hip rotation)

(Option - Count 6 – Switch weight to L – No hip rotation)

[9-16] FWD, HOLD, ¼ TURN R, SIDE, CROSS, SIDE, BEHIND, TOUCH

1-2 Right forward, Hold
3-4 Left forward making ¼ turn right on step, Side step Right
5-6-7-8 Cross L over R, Side step R, Cross L behind R, Point R Ball to right

[17-24] ROCKING CHAIR, ½ TURN L, HOLD, ½ TURN R, HOLD

1-2-3-4 Rock R forward, Rock back on L, Rock R back, Rock L forward
5-6 R forward pivoting ½ turn left on step (weight on R), Hold
7-8 Replace weight on L pivoting ½ turn right on step (weight on L), Hold

(Option – Count 1 – Bring R Shoulder fwd, Count 3 – Bring L Shoulder back)

(Option – Count 6 – Tap L Heel down, Count 8 – Tap R Heel down.)

[25-32] BACK COSTER, HOLD, FWD, LOCK, FWD, HOLD

1-2-3-4 R back, Step L beside R, R forward, Hold
5-6-7-8 L forward, Lock R behind L, L forward, Hold
(Option - On counts 5-6-7 – Make full turn right)

BEGIN AGAIN

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Revised - June 22nd 2011