

# I Can't Wait!! (aka Country Bone Jam)

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate 2S  
編舞者: Forty Arroyo (USA) - May 2011  
音樂: I Can't Wait - Ryan Montbleau : (CD: Heavy On The Vine)



Dedicated to Carol Silveira – “Yes, GF – I like my Country”. - Music suggested by Ms Mellonee Pauley

32 count Intro - Sequence: 64, 32, 64, 64, 32, 64, 64, 64, \*\* see note for “20 count” ending

## (1-8) WALK FORWARD, COASTER STEP FORWARD, WALK BACK, COASTER STEP BACK

1,2            Step forward R (1), Step forward on L (2),  
3&4           Step forward on R (3), Step L next to R (&), Step back on R (4)  
5,6            Step back on L(5), Step Back on R(6),  
7&8           Step back on L(7), Step R next to L(&), Step forward on L(8)

## (9-18) SCUFF, HITCH, STEP, HEEL & HEEL, SCUFF, HITCH STEP, HEEL & HEEL

1&2           Scuff R heel forward (1), Hitch R knee (&), Step R in place (2)  
3&4&          Tap L heel forward (3), Step L in place (&), Tap R heel forward (4), Step R in place (&)  
5&6           Scuff L heel forward (5), Hitch L knee (&), Step L in place (6)  
7&8           Tap R heel forward (3), Step R in place (&), Tap L heel forward

## (19-24) SIDE ROCK, WEAVE, ROCK, COASTER STEP

&1,2          Step L in place, Rock side on ball of R, Recover weight on L  
3&4           Cross R behind L, Step L to side, Step R over L (facing 11:00)  
5,6            Press forward on ball of L – toward 11:00 (5), Recover weight on R (6)  
7&8           Step back on L (7), Step R next to L – squaring off to 12:00 (&), Step forward on L (8)

## (25-32) ¼ TURN, ¼ TURN, CROSS, STEP, COASTER STEP (end at 6:00)

1-4           Step forward on R (1), Pivot ¼ to left – weight on L (2) – Repeat for 3,4  
5-6           Cross R over L(5), Step back on L – pushing off on R heel(6)  
7&8           Step back on R (7), Step L next to R (&), Step forward on R (8)

**RESTARTS HAPPEN HERE 1st at 12:00 and 2nd at 6:00 – modify the coaster step - touching R next to L on count 8 instead of stepping forward; after the first rotation – dance only first 32 counts – then restart. Dance the 2nd & 3rd rotations- then dance cts 1-32 and restart.**

Sequence: 64, 32, 64, 64, 32, 64, 64, 64, see note for 20 count ending

## (33-40) HITCH, SHUFFLES FORWARD, TURNING MAMBO ¼ , CROSSING MAMBO (end at 3:00)

&1&2          Hitch L(&), Step L forward (1), Step L next to R(&), Step L forward (2)  
3&4           Step R forward (3), Step L next to R (&), Step R forward (4)  
5&6           Rock forward on L (5), Step R in place (&), Step L slightly to side – turning ¼ left (6)  
7&8           Cross R over L (7), Step L in place (&), Step R slightly to side (8)

## (41-48) CROSS, TOUCH, STEP, ROCK N POP, STEP – REPEAT

1&2           Cross L over R (1), Touch R toe to L heel (&), Step slightly back on R (2)  
3,4            Rock back on L – angle body to L corner and popping R knee (3), Step R in place  
5&6           Cross L over R (5), Touch R toe to L heel (&), Step slightly back on R (6)  
7,8            Rock back on L – angle body to L corner and popping R knee (7), Step R in place (8)

## (49-56) PADDLE ½ TURN, TOE SWITCHES, SAILOR, ¼ SAILOR (end at 6:00)

&1            Hitch L (&), Touch L out slightly to side pivoting ¼ to right on the ball of R (1)  
&2            Hitch L (&), Touch L out slightly to side pivoting ¼ to right on the ball of R (2)  
3&4           Touch L to side (3), Step L in place (&), Touch R to side (4)  
5&6           Step R behind L (5), Step L slightly to side (&), Step R to Side (6)

7&8 Turning  $\frac{1}{4}$  L – sweep & step L behind R (7), Step R next to L (&), Step L to side (8)

**(57-64) WALK FORWARD,  $\frac{1}{2}$  CHASE TURN, STEP,  $\frac{1}{2}$  TURN, WALK BACK, COASTER STEP**

1,2 Step forward R (1), Step forward L (2)

3&4 Step forward on R (3), Pivot  $\frac{1}{2}$  left on ball of R – weight on L (&), step forward on R (4)

5,6 Step back on L making a  $\frac{1}{2}$  turn to right (5), Step back on R (6)

7&8 Step back on L, Step R next to L, Step forward on L

**START OVER AND HAVE A BLAST!!**

**\*\*ENDING at 12:00 (optional): Do the first 8 counts of the dance twice (for 16 counts) –**

**[1-16] WALK FORWARD, COASTER STEP FORWARD, WALK BACK, COASTER STEP BACK**

1,2 Step forward R (1), Step forward on R (2),

3&4 Step forward on R (3), Step L next to R (&), Step back on R (4)

5,6 Step back on L(1), Step Back on R(2), Step back on L(3), Step R next to L(&), Step forward on L(4)

**REPEAT - (1-6)**

**Then add heel switches**

1&2& Tap R heel forward (1), Step R in place (&), Tap L heel forward (2), Step L in place (&)

3&4 Tap R heel forward (3), Hitch R (&), Tap R heel forward toward 11:00 – bending L knee (4)

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