

Getting Hot (Oungbono)

COPPER KNOB
BY STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Louise Elfvengren (NOR) - June 2011
音樂: Oungbono - Lyfstyl : (3fingaz Entertainment, Lagos Nigeria)



Intro: 32 counts

SECTION 1: ROCKIN CHAIR, ROCK RIGHT SIDE, CROSS, STEP

1-4 Rock forward on right, recover weight to left, rock back with right, recover weight to left.
5-6 Rock right to right side, recover weight to left.
7-8 Cross right in above left, step down on left.

SECTION 2: WALK BW WITH SWAYS, WALK FORWARD WITH SWAYS

1-4 Walk small steps backward, right – left – right -left swaying hips
5-8 Walk small steps forward, right – left – right – left swaying hips

SECTION 3: STEP TURN 1/2 TURNING LEFT, SHUFFLE FORWARD, STEP TURN 1/2 TURNING RIGHT, SHUFFLE FORWARD

1-2 Step forward on right, turn 1/2 left stepping forward on left (6)
3&4 Step right forward, step left next to right, step right forward
5-6 Step forward on left, turn 1/2 right stepping forward on right (12)
7&8 Step left forward, step right next to left, step left forward

SECTION 4: VINE TO RIGHT WITH TOUCH, VINE TO LEFT, TURN 1/4 LEFT WITH SCUFF

1-4 Step right to right side, step left behind right, step right to right side, touch left beside right.
5-8 Step left to left side, step right behind left, turn 1/4 left stepping forward on left, scuff right forward (9)

SECTION 5: ROCKIN CHAIR, STEP OUT RIGHT – LEFT, STEPS IN TO CENTER x 2

1-4 Rock forward on right, recover weight to left, rock back with right, recover weight to left
5-6 Step right out to right side (shoulder wide), step left out to left side (shoulder wide)
7-8 Step right – left at the spot, so you are standing with feet next to eachother again

SECTION 6: STEP TOGETHER AND CLAP X 2, PADDLE 1/2 TURN LEFT

1-2 Step right to right side, step left beside right and clap hands
3-4 Step left to left side, step right beside left and clap hands
5-8 Paddle 1/8 to the left (paddle with right foot and weight on left) (3)

SECTION 7: LOCK STEPS WITH TOUCH RIGHT AND LEFT

1-4 Step right forward, lock left behind right, step right forward, touch left next to right.
5-8 Step left forward, lock right behind left, step left forward, touch right next to left.

SECTION 8: RUMBA BOX MOVING BACKWARDS

1-4 Step right to right side, step left next to right, step right back, touch left beside right.
5-8 Step left to left side, step right next to left, step left back and touch right beside left.