

Super Lover

拍數: 64 牆數: 4 級數: Beginner
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音樂: Super Lover - Lady Gaga



Intro: 32 counts

Cross Point , Cross Point , Jazz Box Cross

1-4 Cross R foot over L foot , point L toes to L side , cross L foot over R foot , point R toes to R side
5-8 Cross R foot over L foot , step L foot back , step R foot to R side , cross L foot over R foot

& Touch , Hold , & Touch , Hold , Boogie Walk

&1-2 Jump R foot to R side , touch L toes beside R foot , hold
&3-4 Jump L foot to L side , touch R toes beside L foot , hold
5-8 Keeping both knees bent : swivel R foot to R diagonal , swivel L foot to L diagonal , swivel R foot to R diagonal , swivel L foot to L diagonal (travelling forward)

Side Mambo , Side Mambo , Side Rock , Recover , Cross Shuffle

1&2 Rock R foot to R side , recover weight on L foot , step R foot beside L foot
3&4 Rock L foot to L side , recover weight on R foot , step L foot beside R foot
5-6 Rock R foot to R side , recover weight on L foot
7&8 Cross R foot over L foot , step L foot to L side , cross R foot over L foot

Side , Behind , ¼ Turn , Scuff , ¼ Turn , Side , Behind , ¼ Turn , Brush

1-4 Step L foot to L side , cross R foot behind L foot , turn ¼ L stepping L foot forward , scuff R foot forward
5-8 Turn ¼ L stepping R foot to R side , cross L foot behind R foot , turn ¼ R stepping R foot forward , brush L foot forward

Pivot ½ Turn , Hip Bump , Forward Rock , Recover , Coaster Step

1-2 Step L foot forward , turn ½ R
3&4 Touch L toes forward bumping hips forward , back , forward
5-6 Rock R foot forward , recover weight on L foot
7&8 Step R foot back , step L foot beside R foot , step R foot forward

Pivot ½ Turn , Hip Bump , Forward Rock , Recover , Coaster Step

1-2 Step L foot forward , turn ½ R
3&4 Touch L toes forward bumping hips forward , back , forward
5-6 Rock R foot forward , recover weight on L foot
7&8 Step R foot back , step L foot beside R foot , step R foot forward

Side Together , Chasse Side , Cross Rock , Recover , Chasse Side

1-2 Step L foot to L side , step R foot beside L foot
3&4 Step L foot to L side , step R foot beside L foot , step L foot to L side
5-6 Cross rock R foot over L foot , recover weight on L foot
7&8 Step R foot to R side , step L foot beside R foot , step R foot to R side

Pivot ½ Turn , Forward , Touch , 2 Pivots Turn

1-2 Step L foot forward , turn ½ R
3-4 Step L foot forward , touch R toes to R side
5-8 Step R foot forward , turn ½ L , step R foot forward , turn ½ L

No Tag , No Restart , Happy Dancing ^^
