

Country Girl 101

拍數: 32 牆數: 2 級數: Improver
編舞者: Jonas Anadréasson - June 2011
音樂: Country Girl 101 - Leah Seawright : (Album: Country Girl 101)



Intro: 36 counts. Dance starts when song starts.

S1: POINT TAPS, FULL LEFT TURN, CROSS

1, 2 Point right to right, Tap right beside left
3, 4 Tap right heel forward, Stomp right beside left
5, 6 Step left to left, Rotate 1/4 to left, rotate 1/2 turn left by stepping right back
7, 8 Rotate 1/4 left by stepping left to left, Cross right foot in front of left

S2: CROSS STEPS, HALF LEFT TURN, SCUFF

1, 2 Lock left foot behind right, Cross step right forward,
3, 4 Lock left foot behind right, Cross step right forward,
5, 6 Step left forward, Step back on right (take weight)
7, 8 Turn 1/2 turn left stepping left forward, scuff right forward

S3: JUMPING CROSS TO RIGHT (TWICE) AND LEFT

1, 2 Jumping cross right over left and heel left up, step left to place and kick right forward
3, 4 Jumping cross right over left and heel left up, step left to place and kick right forward
5, 6 Jumping step back right and kick left forward, cross left over right and heel right up
7, 8 Jumping step back right and kick left forward, cross left over right and heel right up

S4: MONTEREY 1/2 TURN RIGHT TWICE

1, 2 Touch right to right side. On ball of left make 1/2 turn right, stepping right beside left.
3, 4 Touch left to left side. Step left beside right.
5, 6 Touch right to right side. On ball of left make 1/2 turn right, stepping right beside left.
7, 8 Touch left to left side. Step left beside right.

Tags:

Tag 1 (alone) after 2nd and 12th wall,

Tag 2 and Tag 1 (only count 1-4 in tag 1) (together) after 3rd wall, Tag 2 (alone) after 8th wall.

TAG 1: HEEL SWICHES

1, 2 Right heel forward, right beside left,
3, 4 Left heel forward, left beside right
(5, 6) Pause, Pause

TAG 2: STOMP RIGHT, SWIVEL HEEL, TOE, HEEL, STOMP LEFT, SWIVEL HEEL, TOE, HEEL

1, 2 Stomp right foot forward to right diagonal, swivel left heel towards right heel
3, 4 Swivel left toe towards right heel, swivel left heel towards right heel
5, 6 Stomp left foot forward to left diagonal, swivel right heel towards left heel
7, 8 Swivel right toe towards left heel, swivel right heel towards left heel

Restart: Restart in 10th wall after 20 counts!

Good Luck!