

Bunga Bunga

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Malou Bugarin (USA) - April 2011
音樂: Bunga Bunga - Gege' e le Renzo Arcore Orchestra



Introduction: 32 counts to intro – start on the heavy drumbeat

MERENGUE STEP ¼ PIVOT X2 ROCK FORWARD, ½ TURNING SHUFFLE

1-4 Step forward on LF (1), ¼ pivot turn right (2), step forward LF (3), pivot ¼ turn right (4)

Styling: Move hips to sides

Arms – Put Right hand on stomach, left hand on to Left side

5-6 Rock forward left (5), recover right(6) (6:00)

7&8 Make ¼ turn stepping left to left side (7), step right next to left & make ¼ stepping forward on left (8) (12:00)

WALK FORWARD WITH SHOULDER SHIMMIES, RIGHT SIDE CLOSE TOGETHER WITH BRUSH & KNEE POP

1 Whilst shimmying, walk forward on right – knees bent slightly

2 Whilst shimmying, walk forward on left – knees bent slightly

3 Whilst shimmying, walk forward on right – knees bent slightly

4 Whilst shimmying, walk forward on left – knees bent slightly

5-6 Step right to right , close left beside right

7-8 Step right to right, brush left toe and pop left knee toward right

WALK BACK WITH SHOULDER SHIMMIES, LEFT SIDE ROCK, COASTER STEP

1 Whilst shimmying, walk back on left – knees slightly bent

2 Whilst shimmying, walk back on right – knees slightly bent

3 Whilst shimmying, walk back on left – knees slightly bent

4 Whilst shimmying, walk back on right – knees slightly bent

5-6 Rock on left to side, rock on right to place

7&8 Rock back on left, step right beside left, step forward with left

RAINBOW TWIST, ROCK BACK STEPS X 2

1-2 Dig right heels in front of left, swivel toes to right, putting weight on the heels, step left foot in place

3-4 Rock back right foot, step left foot forward

5-8 Repeat steps 1-4

MERENGUE STYLE CURB TURN (FULL PADDLE TURN)

1-2 Turning ¼ to left, step forward on right, step left in place

3-4 Turning ¼ to left, step forward on right, step left in place

5-6 Turning ¼ to left, step forward on right, step left in place

7-8 Turning ¼ to left, step forward on right, touch left heel forward

MERENGUE STYLE CURB TURN (FULL PADDLE TURN)

1-2 Turning ¼ to right, step forward left, step right in place

3-4 Turning ¼ to right, step forward left, step right in place

5-6 Turning ¼ to right, step forward left, step right in place

7-8 Turning ¼ to right, step forward left, touch right heel forward

BACK ROCK, ¼ TURN X2

1-2 Rock right back, replace left

3-4 ¼ turn right stepping right forward, step left beside right

5-6 Rock right back, replace left
7-8 ¼ turn right stepping right forward, step left beside right

JAZZ BOX, ¼ TURN. OUT – OUT, IN- TOUCH

1-2 Cross right over left, step back on left
3-4 ¼ turn right stepping forward with right, close left beside right
5-6 Step right out, step left out (shoulder width)
7-8 Step right in, touch left next to right

(4/20/11)
