

One Way Ticket

COPPERKNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Norma Jean Fuller (USA) - June 2011
音樂: I Can't Help Myself - Ronnie Dunn : (CD: Ronnie Dunn)



L SIDE TOGETHER FORWARD, STEP FORWARD R, L, R SIDE SIDE TOGETHER BACK, STEP BACK L,R

1&2,3,4 Left step to side, right step beside left, left step forward, Step forward right, left
5&6,7,8 Step right to side, left step beside right, right step back. Step back left, right

LEFT STEP TO SIDE, RIGHT STEP ¼ TURN RIGHT, FULL TURN LEFT, STEP FORWARD R,L, FULL TURN RIGHT

&1-2 Left step to side, Right step ¼ turn right, left step forward
3&4 Triple full turn left very slightly forward ending with right forward
5-6 Short Prissy walk forward left, right
7&8 Triple full turn right very slightly forward ending with left forward

ROCK RECOVER, STEP BACK, STEP LOCK STEP BACK, TRIPLE ½ TURN R, STEP FORWARD L, R

&1-2 Rock step right forward, recover on left. Right step back
3&4 Left step back, right lock across left, left step back
5&6,7,8 Step back ¼ turn right on right, step left beside right, step right forward ¼ right, Step forward left, right

SIDE ROCK RECOVER CROSS, CCW ½ TURN TO SIDE, SIDE ROCK RECOVER, CROSS STEP, SIDE STEP RIGHT

&1-2 Left rock to side, right recover, cross step left over right
3-4 Step back ¼ turn left on right, step back ¼ turn left on left
5-6-7-8 Right step to side, facing diagonal right cross step left over right, slide left next to right
(Option: look slightly right bringing right arm up and out to side while sliding left next to right)

Repeat
