

Beauty's Trick

COPPER KNOB
STEPSHEETS

拍數: 96 牆數: 3 級數: Phrased Low Intermediate
編舞者: Tina Chen Sue-Huei (TW) - June 2011
音樂: Mei Ren Ji (美人計) - Jolin Tsai (蔡依林)



Special thanks to Amy and BM

Sequence of dance: Tag/ABC/ ABC /ABC /A/Tag/BC
Start after 16 counts.

A (32 counts)

WALK FORWARD (RLRL), SWAY (RLRL)

1 – 4 Walk forward R,L,R,L
5 – 6 Sway right, sway left
7 – 8 Sway right, sway left

WALK BACKWARD(RLRL), ROCK STEPS RLRLRL, STEP, STEP

1 – 4 Walk backward R,L,R,L
5 & Rock right to right side, rock weight onto left
6 & Rock weight onto right, rock weight onto left
7 & Rock weight onto right, rock weight onto left
8 & Step right in place, step left beside right

WALK FORWARD (RLRL), SWAY (RLRL)

1 – 4 Walk forward R,L,R,L
5 – 6 Sway right, sway left
7 – 8 Sway right, sway left

WALK BACKWARD (RLRL), 1/4 TURN L STEP-KICK, TOGETHER, JUMP, JUMP

1 – 4 Walk backward R,L,R,L
5 – 6 1/4 left step right to right side kicking left, step left together
7 - 8 Low jump on both feet twice (9.00)

B (32 counts)

WALK FORWARD(RL), SHUFFLE(RLR), STEP, RECOVER, COASTER

1 – 2 Walk forward R,L
3& 4 Shuffle forward on R,L,R
5 – 6 Step left forward, recover weight onto right
7& 8 Coaster step on L,R,L

SIDE, RECOVER, TOGETHER, SIDE, RECOVER, TOGETHER,SIDE, RECOVER, 1/2 TURN L

1 – 2 Step right to right side, recover weight onto left
& 3 Step right on together, step left to left side
4 & Recover weight onto right, step left on together
5 – 6 Step right to right side, recover weight onto left
7 – 8 Make 1/2 turn left stepping right to right side, step left together (3:00)

WALK FORWARD(RL), SHUFFLE(RLR), STEP, RECOVER, COASTER

1 – 2 Walk forward R,L
3& 4 Shuffle forward on R,L,R
5 – 6 Step left forward, recover weight onto right
7& 8 Coaster step on L,R,L

SIDE, RECOVER, PADDLE 1/4 TURN L TRIPLE

- 1 – 2 Step right to right side, recover weight onto left
- 3 – 4 Step right forward, 1/4 turn left weight onto left (12:00)
- 5 – 6 Step right forward, 1/4 turn left weight onto left (9:00)
- 7 – 8 Step right forward, 1/4 turn left weight onto left (6:00)

C (32 counts)**SIDE, RECOVER, BEHIND, SIDE, OVER × 2**

- 1 – 2 Step right to right side, recover weight onto left
- 3 & 4 Cross right behind left, step left to left side, cross right over left
- 5 – 6 Step left to left side, recover weight onto right
- 7 & 8 Cross left behind right, step right to right side, cross left over right

CHA CHA, BEHIND, RECOVER, 1/4 TURN R × 4

- 1 & 2 Right side cha cha on R,L,R
- 3 – 4 Cross left behind right, recover weight onto right
- 5 – 6 Making 1/4 turn right step left back, 1/4 turn right step right to right side
- 7 – 8 1/4 turn right step left to left side, 1/4 turn right step right forward

SIDE, RECOVER, BEHIND, SIDE, OVER × 2

- 1 – 2 Step left to left side, recover weight onto right
- 3 & 4 Cross left behind right, step right to right side, cross left over right
- 5 – 6 Step right to right side, recover weight onto left
- 7 & 8 Cross right behind left, step left to left side, cross right over left

CHA CHA, BEHIND, RECOVER, FORWARD, PIVOT 1/2 TURN LEFT, WALK, WALK

- 1 & 2 Left side cha cha on L,R,L
- 3 – 4 Cross right behind left, recover weight onto left
- 5 – 6 Step right forward, pivot 1/2 turn left
- 7 – 8 Walk right forward, walk left forward

TAG (16 counts)**1/4 TURN RIGHT, HOLD X 3, 1/2 TURN LEFT, HOLD X 3**

- 1 – 4 Turning 1/4 right step right forward bending both knees and raising right hand and looking upwards, hold for 3 counts.
- 5 – 8 Turning 1/2 left step left forward bending knees and raising left hand and looking upwards, hold for 3 counts

RECOVER, HOLD X 3, 1/4 TURN RIGHT, HOLD, BACK, BACK

- 1 – 4 Shift weight onto right raising left toes, hold x 3 counts pointing right hand forward
 - 5 – 8 1/4 turn right shifting weight onto left, hold, step right back, step left back.
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