

Take Me Higher

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Roz Chaplin (UK) - June 2011
音樂: The Sky's the Limit - Jason Derulo : (CD: Jason Derulo)



30 Count Intro: Starting on Like a Shot

ROCK, RECOVER, RIGHT LOCK BACK, ROCK BACK RECOVER, LEFT SHUFFLE FORWARD

1-2 Rock forward on right, recover onto left
3&4 Step right back, lock left in front of right, step back on right
5-6 Rock back on left, recover onto right
7&8 Step forward on left, close right beside left, step forward on left

ROCK, RECOVER, CROSS SHUFFLE X2

1-2 Rock right to right side, recover onto left
3&4 Cross right over left, step left to left side, cross right over left
5-6 Rock left to left side, recover onto right
7&8 Cross left over right, step right to right side, cross left over right

SIDE, BEHIND, &, CROSS, POINT, CROSS ROCK, RIGHT CHASSE

1-2 & Step right to right side, cross left behind right, step right to right side
3-4 Cross left over right, point right to right side
5-6 Cross rock right over left, recover onto left
7&8 Step right to right side, close left beside right, step right to right side

CROSS ROCK, ¼ CHASSE TURN, ROCK, RECOVER, TRIPLE FULL TURN

1-2 Cross rock left over right, recover onto right
3&4 ¼ turn left stepping left, right, left
5-6 Rock forward onto right, recover onto left
7&8 Triple full turn right on a right, left, right

Easy Option COASTER STEP: Step right back, step left beside right, step right foot forward

LEFT, TOGETHER, FORWARD SHUFFLE, RIGHT TOGETHER, SHUFFLE BACK

1-2 Step left to left side, close right beside left
3&4 Step forward left, close right beside left, step left forward
5-6 Step right to right side, close left beside right
7&8 Step right back, close left beside right, step right back

ROCK BACK, RECOVER SHUFFLE ½ TURN X2

1-2 Rock back on left. recover onto right
3&4 Shuffle ½ turn left stepping left, right, left
5-6 Rock back on right, recover onto left
7&8 Shuffle ½ turn stepping right, left, right

TAP, KICK, COASTER X2

1-2 Tap left foot beside right, kick left foot forward
3&4 Step left foot beside right, step right beside left, step left foot beside right (taking weight)
5-6 Tap right foot beside left, kick right foot forward
7&8 Step right foot beside left, step left foot beside right, step right foot beside left (taking weight)

FORWARD ROCK, SHUFFLE ½ TURN

1-2 Rock forward on left, recover onto right
3&4 Shuffle ½ turn left stepping left, right, left

5&6 Shuffle ½ turn right stepping right, left, right

7&8 Shuffle ½ turn left stepping left, right, left

Optional steps 5-8 right shuffle forward left shuffle forward
