

Bulletproof

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Ed Ariola (USA) - June 2011
音樂: Bulletproof - La Roux : (CD: La Roux - Bonus Track Version)



Start dance on lyrics

CROSS, SIDE, LEFT COASTER - CROSS, SIDE, RIGHT COASTER

1-2 Cross left in front of right, step right to side
3&4 Step left back, step right together, step left forward
5-6 Cross right in front of left, step left to side
7&8 Step right back, step left together, step right forward

FORWARD, FORWARD SHUFFLE, ROCK, TURN, SIDE SHUFFLE

1-2 Step left forward, step right forward
3&4 Chasse forward left, right, left
5-6 Rock right forward, recover to left
7&8 Turn 1/4 right and chasse side right, left, right (3:00)

TURN, STEP, TOUCH, TOE TOUCHES, FORWARD, BACK

1-2 Turn 1/2 left and step left behind right, touch right together (9:00)
3&4 Touch right toe to side, touch right toe together, touch right toe to side
5-6 Step right out forward, step left out forward (feet apart)
7-8 Step right back, step left together

TOE SWITCHES, HEEL SWITCHES, HIP BUMPS

1& Touch right toes to side, step right together
2& Touch left toes to side, step left together
3& Touch right heel forward, step right together
4 Touch left heel forward
5-6 Bump hips forward (2X)
7-8 Bump hips back (2X)

REPEAT
