Hold On Tight



拍數: 32 編數: 4 級數: High Intermediate NC2S

編舞者: Scott Blevins (USA) - April 2011

音樂: I Won't Let Go - Rascal Flatts: (Album: Nothing Like This)



8 count intro to start with the lyrics "It's like a storm that cuts a path...", where the word "storm" is count 1

[1 – 8]	
1-2&3	(1) Step side R; 2) Turn ¼ right on ball of R and rock forward L [3:00]; &) Recover weight
	back on R; 3) Turn ¼ left on ball of R and step side L [12:00]
4&5	(4) Rock R across L; &) Recover weight back on L; 5) Step R behind L
6-7	(6) Turn ¼ left stepping forward L [9:00]; 7) Turn ¼ left and take large step side R [6:00]
8&	(8)* Step on ball of L behind R; &) Step R across L

^{*} FIRST RESTART – During 3rd rotation, do counts 1-7 as above, then change count 8 to Step L across R, then start again at the top of the dance at count 1.

You'll be facing your original 12:00 starting wall now to begin your 4th rotation.

[9-16]					
1a2&3	(1) Step side L; a) Sharp turn ½ right on ball of L [12:00]; 2) Step side R; &) Step L across R;				
3) Large step side R				
4&5	(4) Step on ball of L behind R; &) Step R across L; 5) Step L forward to front left diagonal [11:00]				
6&7	(6) Rock forward R [11:00]; &) Recover weight back on L [11:00]; 7) Turn ¼ right stepping side R [2:00]				
8&	(8) Turn $\frac{1}{4}$ right stepping forward L [5:00]; &) Turn 5/8 right recovering weight forward on R [12:00]				
[17-24]					
1-2-3	(1) Step L forward across R; 2) Step R forward across L; 3) Step L forward across R				
4&5	(4) Small step forward R; &) Turn ¼ left recovering weight side L [9:00]; 5) Small step R across L bending R knee and opening body to left diagonal [7:00]				
a6&7	(a) Turn 1/2 right on ball of R (knee still bent) while bringing L foot next to R calf into "figure 4" [1:00]; 6) "Reach through" with L to rock L across R; &) Recover weight back on R; 7) Step side L [square up to 12:00]				
8&	(8) Rock R across L; &) Recover weight back on L opening slightly to right				
[25-32]					
1-2&3	(1) Turn $\frac{1}{4}$ right and take a large step side R [3:00]; 2) Step on ball of L behind R; &) Step R across L; 3) Step side L				
4&5	(4)** Step forward R prepping for turn to right; &) Turn $\frac{1}{2}$ right stepping back L [9:00]; 5) Turn $\frac{1}{4}$ right and take large step side R [12:00]				
6&7	(6) Step on ball of L behind R; &) Step R across L; 7) Step side L				
8&a	(8) Rock R across L; &) Recover weight back on L; a) Turn ¼ right on ball of L [3:00]				

**SECOND RESTART – During 6th rotation, at count 29. Do counts 1-29 as above, then start again at the top of the dance at count 2.

Count 29 (count 5 in the 4th section of steps) replaces count 1 in the first section, so that you include the ¼ turn right to face 6:00 from your original starting wall to begin your 7th rotation.

Begin Again and Enjoy!

Step Sheet Prepared by Debi Pancoast (www.FootNotesByDeb.com)

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