

Rock 'n' Roll Doll

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Karen Hannaford (NZ) - May 2011
音樂: Rock 'n' Roll Doll - Doug Kitchen : (Album: Rock 'n' Roll Doll)



[1-8] Cross toe strut, side toe strut, rock back, recover, side, hold.

1,2 Cross L over right and step toes, heel.
3,4 Step R to right side, toes, heel.
5,6 Rock back L, Recover weight to R.
7,8 Step L to left side, hold.

[9-16] Cross toe strut, side toe strut, rock back, recover, side, hold.

1,2 Cross R over left and step toes, heel.
3,4 Step L to left side toes, heel.
5,6 Rock back R, Recover weight to L.
7,8 Step R to right side, hold.

[17-24] Lock step fwd, hold, rock fwd, recover step ¼, hold.

1,2,3,4 Step L fwd, lock R behind, step L fwd, hold.
5,6,7,8 Rock fwd R, recover weight to L, Turn ¼ R and step R to right side, hold. (3:00)

[25-32] Turn ½, sweep back, step behind, sweep back, rock back, recover, step forward, hold.

1,2 Turn ½ right and step back on L, Sweep R around to back.(9:00)
3,4 Step back on R, Sweep L around to back.
5,6,7,8 Rock back on L, recover weight to R, step fwd L, hold.

[33-40] Rock forward R, recover, half shuffle, Rock forward L, recover, half shuffle

1,2 Rock fwd R, recover weight to L
3&4 Turning ½ right, shuffle RLR (3:00)
5,6 Rock fwd L, Recover weight to R
7&8 Turning ½ left, shuffle LRL (9:00)

[41-48] Step fwd, half pivot, walk 2, rock fwd, recover, step back, touch beside.

1,2,3,4 Step fwd R, pivot ½ left (weight to L), fwd R, fwd L (3:00)
5,6,7,8 Rock fwd R, recover weight to L, step back R, touch L beside right.

[49-56] Side, behind, ¼ L step fwd, ¾ pivot, side, behind, ¼ R step fwd.

1,2,3 Step L to left side, Cross R behind L, Turn ¼ left and step L fwd (12:00)
4,5 Step R fwd and pivot ¾ left taking weight onto L (3:00)
6,7,8 Step R to right side, step L behind right, turn ¼ right and step R fwd (6:00)

[57-64] ¾ pivot, side, behind, side, right jazz square.

1,2, Step L fwd and pivot ¾ right taking weight onto R (3:00)
3,4,5 Step L to left side, Cross R behind left, step L to left side
6,7,8 Cross R in front of left, Step L back, Step R to right side

Restart On wall 4 dance to count 48 (you will be facing the front) and then start again.

Thanks Karen for the music!

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