

No Luck!

拍數: 32 牆數: 4 級數: Improver Funky WC
編舞者: Niels Poulsen (DK) - May 2011
音樂: Lady Luck - Jamie Woon



Note: This is a floor-split to my own int/adv dance 'Lady Luck'
Intro: 32 counts from first beat in music (app. 19 secs into track). Weight on L

[1 – 8] Point touch side, together knee pop, side pop prep, shuffle ¼ L

- 1&2 Point R to R side (1), touch R next to L (&), step R a big step R dragging L towards R (2)
[12:00]
- 3&4 Step L next to R (3), pop both knees fw (&), step down on both feet really sharply (4)
- 5&6 Step L to L side (5), pop R knee to L (&), return R knee to centre prepping upper body slightly
R (6)
- 7&8 Turn ¼ L stepping down on L (7), step fw on R (&), step fw on L (8) [9:00]

[9 – 16] Ball rock recover, L coaster, R kick & L heel &, R jazz box ¼ R, cross

- &1 – 2 Step R next to L (&), rock L fw (1), recover weight back on R (2)
- 3&4 Step back on L (3), step R next to L (&), step fw on L (4)
- 5&6& Cross kick R over L (5), step R to R side (&), touch L heel over R (6), step L to L side (&)
- 7&8& Cross R over L (7), turn ¼ R stepping back on L (&), step R to R side (8), cross L over R (&)
[12:00]

[17 – 24] Side R, L back rock, side L, R back rock, roll out R, roll out L, mambo ¼ R

- 1 – 2& Step R a big step to R side (go low!) (1), rock back on L (2), recover on R (&)
- 3 – 4& Step L a big step to L side (go low!) (3), rock back on R (4), recover on L (&)
- 5 – 6 Roll R knee from L to R stepping R to R side (5), roll L knee from R to L stepping L to L side
(6)
- 7&8 Rock fw on R (7), recover back on L (&), turn ¼ R stepping R to R side (8) [3:00]

[25 – 32] & step touch R and L, diagonal back touches R L R L

- &1 – 2 Step L next to R (&), step R to R side (1), touch L next to R (2)
- 3 – 4 Step L to L side (3), touch R next to L (4)
- 5&6& Step R diagonally back (5), touch L next to R (&), step L diagonally back (6), touch R next to
L (&)
- 7&8& Step R diagonally back (7), touch L next to R (&), step L diagonally back (8), touch R next to
L (&) – Styling for the step touches: bend in your knees and split knees apart on all single
counts, bring knees together on the & counts [3.00]

Begin again!...

Tag: After wall 6, facing 6:00. Add this tag, then restart dance: Step R to R side (1), hold (2), step L next to R (&), step R to R side (3), hold (4), step L next to R (&), rock R to R side (5), recover on L (6), cross R behind L (7), step L to L side (&), touch R next to L (8) 6:00

Ending: On wall 12 (starts facing 9:00) do up to count 14, then do a jazz box with a ½ turn. The steps/counts will be: Cross R over L (7), turn ¼ R stepping back on L (&), turn ¼ R stepping fw on R (8), step fw on L (&), step fw on R (1) 12:00

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