

# Mambo Mambo

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Robyn Groot (AUS), Linda Wolfe (AUS), Cheryl Parker (AUS) & Gary Parker (AUS) - January 2011  
音樂: Mambo Mambo - Lou Bega : (CD: A Little Bit Of Mambo)



## 32 Count Intro - Start on Vocals

### Basic Left Cha. Basic Right Cha.

1 – 2      Rock forward on Left. Recover weight on Right.  
3&4      Step Left slightly back. Step Right next to Left. Step Left slightly back.  
5 – 6      Rock back on Right. Recover weight on Left.  
7&8      Step Right slightly forward. Step Left next to Right. Step right slightly forward.

### Left Shuffle 1/2 Turn. Right Shuffle 1/4 turn. Forward Rock. Left Coaster Cross.

1&2      Left shuffle forward making 1/2 turn Right stepping Left. Right. Left. (Facing 6 o'clock)  
3&4      Right side shuffle making 1/4 turn Right stepping Right. Left. Right. (Facing 9 o'clock)  
5 – 6      Rock forward on Left. Recover weight on Right.  
7&8      Step back on Left. Step Right beside Left. Cross step Left over Right.

### Step Right. Step Left. Side Shuffle Right. Step Left. Step Right. Side Shuffle Left

1 – 2      Step Right to Right side. Step Left to Left side. (Use Right & Left hip swaying movement)  
3&4      Step Right to Right side. Close Left beside Right. Step Right to Right side.  
5 – 6      Step Left to Left side. Step Right to Right side. (Use Left & Right hip swaying movement)  
7&8      Step Left to Left side. Close Right beside Left. Step Left to Left side.

### Forward Rock. 3/4 Triple Step. Forward Rock. 3/4 Triple Step.

1 – 2      Rock forward on Right. Recover weight on Left.  
3&4      Making a 3/4 turn Right stepping Right. Left. Right. (Facing 6 o'clock)  
5 – 6      Rock forward on Left. Recover weight on Right.  
7&8      Making a 3/4 turn Left stepping Left. Right. Left. (Facing 9 o'clock)

### Side. Together. Right Shuffle Back. Side. Together. Shuffle 1/4 Turn Left.

1 – 2      Step Right to Right side. Step Left beside Right.  
3&4      Right shuffle back stepping Right. Left. Right.  
5 – 6      Step Left to Left side. Step Right beside Left.  
7&8      Step Left to Left side. Close Right beside Left. Make 1/4 turn Left, stepping forward on Left. (6 o'clock)

### Cross Samba – Right & Left (Travelling Slightly Forward). Out. Out. In. In.

1&2      Cross step Right Forward over Left. Rock Left to Left side. Step Slightly forward on Right.  
3&4      Cross step Left Forward over Right. Rock Right to Right side. Step slightly forward on Left.  
5 – 6      Step Right forward & out. Step Left forward & out.  
7 – 8      Step Right back to centre. Step Left back to centre.

### Right Heel Ball Cross x 2. Side Rock. Behind. Side. Cross.

1&2      Dig Right heel Diagonally forward Right. Step ball of Right beside Left. Cross step Left over Right.  
3&4      Dig Right heel Diagonally forward Right. Step ball of Right beside Left. Cross step Left over Right.  
5 – 6      Rock Right out to Right side. Recover weight on Left.  
7&8      Cross Right behind Left. Step Left to Left side. Cross step Right over Left.

**Left Kick Ball Step. Heel Grind 1/4 Turn Left. Right Kick Ball Step. Heel Grind 1/4 Turn Right.**

- 1&2 Kick Left forward. Step ball of Left beside Right. Step forward on Right.  
3 – 4 Step forward on Left heel, Grind heel 1/4 turn Left. (Weight down on Left foot) (Facing 3 o'clock)  
5&6 Kick Right forward. Step ball of Right beside Left. Step forward on Left.  
7 – 8 Step forward on Right heel. Grind 1/4 turn Right. (Weight down on Right foot) Facing 6 o'clock)

**Start Again**

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