

# Save My Life

**COPPER** KNOB  
BY STEPSHEETS

拍數: 36      牆數: 4      級數: Intermediate  
編舞者: Kim Ray (UK) - June 2011  
音樂: Last Night a D.J. Saved My Life - Indeep : (Album: Disco Night Vol. 2 - 4:30)



## **CROSS, SIDE, SAILOR ¼ TURN, STEP FORWARD, ½ TURN, BACK LOCK STEP**

1-2            Cross right over left, step left to left side  
3&4            Cross right behind left, ¼ turn right stepping left in place, step right in place  
5-6            Step forward on left, ½ turn left stepping back on right  
7&8            Step back on left, cross right over left, step back left

## **ROCK BACK/RECOVER, KICK BALL POINT, AND POINT, ¼ TURN TOUCH, KICK BALL POINT**

9-10            Rock back on right, recover forward on left  
11&12          Kick right forward, step right in place, point left toe to left side  
&13-14        Step left in place, point right toe to right side, ¼ turn right bringing right in to touch next to left  
15&16          Kick right forward, step right in place, point left toe to left side

## **CROSS, STEP BACK, CHASSIS ¼ TURN, PIVOT ¼ TURN, CROSS ½ TURN**

17-18          Cross left over right, step back on right  
19&20          Step left to left side, step right next to left, ¼ left stepping forward on left  
21-22          Step forward on right, ¼ pivot turn left  
23-24          Cross right over left, ¼ turn right stepping back on left, ¼ turn right stepping right to right side

## **CROSS & HEEL, TOUCH & TOUCH, BACK & HEEL & STEP, PIVOT ½ TURN**

25&26          Cross left over right, step slightly back on right, touch left heel forward  
&27&28        Step left in place, touch right toe next to left, step right in place, touch left toe next to right  
&29&30        Step slightly back on left, touch right heel forward, step right in place, step forward on left  
31-32          Step forward on right, ½ pivot turn left

## **FULL TURN, ¼ PIVOT**

33-34          ½ turn left stepping back on right, ½ turn left forward on left  
35-36          Step forward on right, ¼ pivot turn left

**Start again.**

Contact: Tel - 01908 607325 / e-mail - [kim@kray1.orangehome.co.uk](mailto:kim@kray1.orangehome.co.uk) - [www.bluegrasslinedancers.com](http://www.bluegrasslinedancers.com)