

# One Too Many

COPPERKNOB  
STEPPERS

拍數: 32                      牆數: 4                      級數: Easy Intermediate  
編舞者: John Warnars (NL) - June 2011  
音樂: One & One & One - Adam Harvey : (CD: Workin' Overtime)



Intro 32 counts.

**(1 – 8) STEP, ROCK, RECOVER, LOCK STEP BACK, ROCK BACK, RECOVER, ROCK & CROSS;**

1 . RF step RF forwards  
2 . LF step/rock LF forwards  
3 . RF rock back on RF  
4 . LF step backwards  
& RF step RF across LF  
5 . LF step backwards  
6 . RF step/rock backwards  
7 . LF rock back on LF  
8 . RF step/rock to right side  
& LF rock back on LF  
1 . RF cross step RF over LF

**(9 – 16) HIP SWAYS L & R, SIDE SHUFFLE, CROSS ROCK, RECOVER, SIDE SHUFFLE ¼ TURN;**

2 . LF step/rock LF to left side & push hips to left  
3 . RF push hips to right (weight on RF)  
4 . LF step LF to left side  
& RF step/close RF next LF  
5 . LF step LF to left side  
6 . RF cross/rock RF over LF  
7 . LF rock back on LF  
8 . RF step RF to right side  
& LF step/close LF next RF  
1 . RF step RF with ¼ turn right forwards (3) \*\*\* RESTART WALL 10 (6) \*\*\*

**Restart Dance the 10th wall till the "&" count (restart on count 1 of the second block) and restart again**

**(17 – 24) STEP, ¼ TURN R, CROSS SHUFFLE, HIP SWAYS R & L, SIDE SHUFFLE ;**

2 . LF step LF forwards  
3 . LF+RF make a ¼ turn right (6)  
4 . LF cross step LF over RF  
& RF step/close RF next LF  
5 . LF cross step LF over RF  
6 . RF step/rock RF to right side & push hips to right  
7 . LF push hips to left (weight on LF)  
8 . RF step RF to right side  
& LF step/close LF next RF  
1 . RF step RF to right side

**POINT, POINT, ¼ TURN L COASTER STEP, ROCK, RECOVER, COASTER STEP;**

2 . LF touch LF toe forwards  
3 . LF touch LF toe to left side  
4 . LF step LF with ¼ turn left backwards (3)  
& RF step/close RF next LF  
5 . LF step LF forwards  
6 . RF step/rock RF forwards

7 . LF rock back on LF  
8 . RF step RF backwards  
& LF step/close LF next RF

**\*1. RF start again... (step RF forwards)**

**Restart in wall 10, on count 1, after the "&" count in block 2 (6.00)**

[www.lindancerjohn.com](http://www.lindancerjohn.com)

---