

LoveLife

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Francien Sittrop (NL) - June 2011
音樂: LoveLife (Radio Edit) - Kate Ryan : (3:43)



Intro: Start after 48 counts from the beginning

[1 – 8] Rock Recover, Lockstep back, Rock back Recover, Full Turn R

1 – 2 Rock R fwd, Recover on L
3 & 4 Step R back, Step L across R, Step R back
5 – 6 Rock L back, Recover on R
7 – 8 ½ Turn R step L back, ½ Turn R step R fwd (12.00)

[9-16] Shuffle fwd, Rock Recover, Touch , ¾ Turn R, Side Shuffle

1 & 2 Step L fwd, Step R next to L, Step L fwd
3 – 4 Rock R fwd, Recover on L
5 – 6 Touch R back, ¾ Turn R (09.00)
7 & 8 Step L to L side, Step R next to L, Step L to L side

[17-24] Rock Back Recover, Kick Ball Step, Diag fwd & Touch, Diag back & Touch

1 – 2 Rock R back, Recover on L
3 & 4 Kick R fwd, Step R down, Step L fwd
5 – 6 Step R Diagonal R fwd, Touch L next to R
7 – 8 Step L Diagonal L back, Touch R next to L

[25-32] Coaster Step, Step fwd, Pivot ½ Turn R, Shuffle fwd, Pivot ½ Turn L

1 & 2 Step R back, Step L next to R, Step R fwd
3 – 4 Step L fwd, Pivot ½ Turn R (03.00)
5 & 6 Step L fwd, Step R next to L, Step L fwd
7 – 8 Step R fwd, Pivot ½ Turn L (09.00)

[33-40] Heel Touches, ¼ L with Flick x2

1&2& Touch R heel fwd, Step R next to L, Touch L heel fwd, Step L next to R
3 – 4 Touch R heel fwd, ¼ Turn L and Flick R (06.00)
5&6& R heel fwd, Step R next to L, Touch L heel fwd, Step L next to R
7 – 8 Touch R heel fwd, ¼ Turn L and Flick R (03.00)

[41-48] Cross , Hold, & Cross & Cross, Side Rock Recover, Behind , ¼ R step fwd, step fwd

1 – 2 Step R across L, Hold
&3&4 Step L to L side, Step R across L, Step L to L side, Step R across L
5 – 6 Rock L to L side, Recover on R
7 & 8 Step L behind R , ¼ R step R fwd, Step L fwd (06.00)

[49-56] Toe Touches fwd(Travelling back), Hold , Coaster Step, Shuffle fwd

1&2& Touch R toe fwd, Step R back, Touch L toe fwd, Step L back
3 – 4 Touch R toe fwd, Hold
5 & 6 Step R back, Step L next to R, Step R fwd
7 & 8 Step L fwd, Step R next to L , Step L fwd

[57-64] Step fwd, Pivot ½ L, Shuffle fwd, Side Rock Recover, Step fwd, Paddles ½ Turn L

1 – 2 Step R fwd , Pivot ½ Turn L (12.00)
3 & 4 Step R fwd, Step L next to R, Step R fwd

&5-6 Rock L to L side, Recover on R, Step L fwd
&7&8 (Hitch R and ¼ Turn L, Touch R to R side) x2 (06.00)

Ending: dance the last wall until count 30(L shuffle fwd) , Step R fwd and make a ¼ Turn L to face the front wall again

Contact - Website: www.franciensittrop.nl
