

French Toast

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Frank Trace (USA) - June 2011
音樂: Mes emmerdes - Charles Aznavour



Start after 16 counts on the vocal.

Dance should be done smooth and bouncy. Just as if you were walking down the street talking with a good friend :-)

STEP RIGHT, HOLD, ROCK BEHIND, RECOVER, STEP LEFT, HOLD, ROCK BEHIND, RECOVER

1-2 Step R to right side, hold

3-4 Rock step L back behind R, recover onto R

(Styling: Turn slightly at a left diagonal as you do the rock back, swing both arms back)

5-6 Step L to left side, hold

7-8 Rock step R back behind L, recover onto L

(Styling: Turn slightly at a right diagonal as you do the rock back, swing both arms back)

WALK, HOLD, WALK, HOLD, ROCK, RECOVER, 1/4 TURN RIGHT

1-4 Step R forward, hold, step L forward, Hold

5-8 Rock forward on R, recover onto L, turn 1/4 right step R to right, hold

LEFT DIAGONAL: STEP, SLIDE, STEP, HOLD, RIGHT DIAGONAL: STEP, SLIDE, STEP, HOLD

1-4 Step L forward at left diagonal, slide R next to L, step L forward at left diagonal, hold

(Styling: In a gesturing fashion, swing your L arm out to left side in a smooth move)

5-8 Step R forward at right diagonal, slide L next to R, step R forward at right diagonal, hold

(Styling: In a gesturing fashion, swing your R arm out to right side in a smooth move)

STEP LEFT DIAGONALLY LEFT, HOLD, STEP RIGHT DIAGONALLY RIGHT, HOLD, COASTER, HOLD

1-4 Step L out diagonally forward left, hold, step R out diagonally forward right, hold

(Styling: In a gesturing fashion, swing your L arm then your R arm out)

5-8 Step L back, step R next to L, step L forward, hold

REPEAT

ENDING: As music comes to an end, you will be facing the 12:00 wall. Do the first 12 counts, then..
Brush R forward and cross touch R over L foot and pose :-)