

Little Chapel

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Lasse Appelquist (DK) - May 2011
音樂: Little Chapel - Heather Myles & Dwight Yoakam : (CD: Sweet Talk & Good Lies)



Intro: 16 counts. Start on vocal. Weight on left foot

Section 1: R side, L together, R side chasse, L back rock, L kick ball cross

1 – 2 Step R to R side, step L next to R
3 & 4 Step R to R side, step L next to R, step R to R side
5 – 6 Rock back on L, recover weight on R
7 & 8 Kick L fwd to L diagonal, step L next to R, cross R over L

Section 2: L side, behind, ball cross, side, R back rock, R step ½ turn L

1 – 2 Step L to L side, step R behind L
&3 – 4 Step ball of L to L side (&), cross R over L, step L side
5 – 6 Rock back on R, recover weight on L
7 – 8 Step fwd R, turn ½ L step fwd L

Section 3: R cross point L, L cross point R, R rock step, shuffle ½ turn R

1 – 2 Cross step R over L, point L toe out to L side
3 – 4 Cross step L over R, point R toe out to R side
5 – 6 Rock fwd on R, recover on L
7 & 8 Turn ¼ R stepping R to R side, step L next to R, turn ¼ stepping fwd on R

Section 4: Full turn R, L rock step, L coaster step, R step ¼ turn L

1 – 2 Turn ½ R stepping back on L, turn ½ R stepping fwd on R
3 – 4 Rock fwd on L, recover on R
5 & 6 Step back on L, step R next to L, step fwd on L
7 – 8 Step fwd on R, turn ¼ L (weight on L)

Section 5: R cross L, unwind full turn L, L side rock, L cross shuffle, ¼ turn L x 2

1 – 2 Cross R over L, unwind full turn L (weight on R)
3 – 4 Rock L to L side, recover on R
5 & 6 Cross L over R, step R to R side, cross L over R
7 – 8 Turn ¼ L stepping back on R, turn ¼ L stepping fwd on L

Section 6: R step lock L, R step lock L step R, L rock step, triple ½ turn L

1 – 2 Step fwd on R, lock L behind R
3 & 4 Step fwd on R, lock L behind R, step fwd on R
5 – 6 Rock fwd on L, recover on R
7 & 8 Triple turn ½ L (LRL)

Section 7: R rock step, R sailor ½ turn, point L, point R

1 – 2 Rock fwd on R, recover on L
3 & 4 Cross R behind L turning ¼ R, turn ¼ L stepping L next to R, step fwd on R
5 – 6 Point L toe L, step L next to R
7 – 8 Point R toe R, touch R next to L

Section 8: ¼ turn L, ½ turn L, R rocking chair, R kick ball change

1 – 2 Turn ¼ L stepping back on R, turn ½ L stepping fwd on L
3 – 4 Rock fwd on R, recover on L

5 – 6 Rock back on R, recover on L
7 & 8 Kick R fwd, step R next to L, change weight to L

Tag: 32 counts - at end of wall 2.

Section T1 R side, L back rock, L side, R back Rock

1 – 2 Step R long step to R side, hold
3 – 4 Rock back on L, recover weight on R
5 – 6 Step L long step to L side, hold
7 – 8 Rock back on R, recover weight on L

Section T2 Figure eight grapevine w. ½ turn L

1 – 2 Step R to R side, cross L behind R
3 – 4 Turn ¼ R stepping fwd on R, step fwd L
5 – 6 Turn ½ R (weight on R), turn ¼ R stepping L to L side
7 – 8 Cross R behind L, turn ½ L stepping fwd on L

Section T3-T4 Repeat section T1-T2

Ending: Dance the first 6 counts of section 6 and replace the last 2 counts (triple ½ turn L) with

7 – 8 Turn ¼ L stepping L to L side, step R next to L
