

Rothesay O

COPPER KNOB
BY STEPHEN HETS

拍數: 48 牆數: 4
編舞者: Kenneth Shaw (AUS) - May 2011
音樂: Rothesay-O - Hadrian's Wall

級數: Beginner / Easy Intermediate



Start with music (no count in)

RIGHT HEEL DIAGONAL FORWARD, HOLD, RIGHT TOE DIAGONAL BACK, HOLD, VINE RIGHT & TOUCH

1,2 Step forward right heel 45 deg, hold
3,4 Step back right toe 45 deg, hold
5-8 Right to right side, left behind right, right to right side, touch left beside right

LEFT HEEL DIAGONAL FORWARD, HOLD, LEFT TOE DIAGONAL BACK, HOLD, VINE LEFT & TOUCH

1,2 Step forward left heel 45 deg, hold
3,4 Step back left toe 45 deg, hold
5-8 Left to left side, right behind left, left to left side, touch right beside left

RIGHT FORWARD LOCK, HOLD, LEFT FORWARD LOCK, HOLD

1,2 Step right forward, left behind right
3,4 Step right forward, hold
5,6 Step left forward, right behind left
7,8 Step left forward, hold

TWO SLOW 1/4 PADDLE TURNS LEFT, QUICK RIGHT HEEL TOGETHER. QUICK LEFT HEEL TOGETHER

1,2 Step right forward, turning 1/4 left taking weight onto left
3,4 Step right forward, turning 1/4 left taking weight onto left
5,6 Step forward right heel 45 deg and return
7,8 Step forward left heel 45 deg and return

SLOW 1/4 MONTEREY TURN RIGHT, RIGHT HEEL FORWARD, HOLD, RIGHT TOE BACK, HOLD

1,2 Touch right toe to right 1/4 turn right closing right to left
3,4 Touch left to left side, step left next to right
5,6 Step forward right heel, hold
7,8 Step back right toe, hold

SLOW 1/2 PIVOT TURN LEFT, QUICK RIGHT HEEL TOGETHER. QUICK LEFT HEEL TOGETHER

1,2 Step right forward, hold,
3,4 Make 1/2 pivot turn left, weight on left and hold
5,6 Step forward right heel 45 deg and return
7,8 Step forward left heel 45 deg and return

Start again

ENDING (To the front, of course !)

Finish wall 7 to rear; do first 6 steps, turn 1/4 right with right forward (7), then stomp forward with left (8)

Tip There is a fair bit of instrumental, maintain the rhythm / pace and you will reach the end