

# High Road

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Val Parry (UK) - May 2011  
音樂: High Road - Alexis Jordan : (Single)



**INTRO: 16 counts.**

## Section 1 – Jazz Box turn ¼ Back rock 1/2

1 - 2      Cross Right over Left, Step back on Left  
3 - 4      Step Right to right side, Cross Left in front of Right  
5 - 6      Turn ¼ left and step back on Right, Rock back on Left  
7 - 8      Recover weight forward on Right, Turn ½ right and step back on Left 3

## Section 2 – Back Rock, Shuffle Forward, Forward Rock Behind turn step

1 - 2      Rock Back on Right, Recover weight forward onto Left  
3 & 4      Shuffle Forward stepping forward on Right, Step Left next to Right, Step forward on Right  
5 - 6      Forward on Left, Recover weight back onto Right  
7 & 8      Cross Left behind Right, Turn ¼ right stepping Right forward, Step forward on Left 6

## Section 3 – Out Out In In , Hip Roll

1 - 2      Stomp forward stepping Right out to right side & Left out to left side  
3 & 4      Stomp back stepping Right back to centre & Stepping Left next to Right  
5 - 8      Touching Right toe slightly forward circle hips anticlockwise full circle twice 6

## Section 4 - ¼ pivot x2, Jazz Box

1 - 2      Step forward on Right, turn ¼ left taking weight on Left foot  
3 - 4      Step forward on Right, turn ¼ left taking weight on Left foot  
5 - 6      Cross right foot over left, Step Left foot back  
7 - 8      Step Right foot to right, step Left foot slightly left 12

## Section 5 – Cross Rock, Shuffle ¼, Forward Rock, Shuffle ½

1 - 2      Rock Right over Left, Recover weight on Left  
3 & 4      Step Right to right side, Step Left next to Right, Turn ¼ right stepping forward on Right  
5 - 6      Rock forward on Left, Recover weight on Right  
7 & 8      Turn ¼ left and step Left to left side, Step Right next to Left, Turn ¼ left stepping forward on Left 9

## Section 6 – 1/8 paddle x 2, Cross Hold & Cross Side

1 - 2      Touch Right toe forward, push 1/8 left, keeping weight on Left  
3 - 4      Touch Right toe forward, push 1/8 left, keeping weight on Left  
5 - 6      Cross Right over Left, HOLD  
&7 - 8      Step Left slightly left, Cross Right over Left, Step Left to left side 6  
\*\*\* RESTARTS HERE ON WALL 2 (facing 9 o'clock) and WALL 4 (facing 6 o'clock)

## Section 7 – Weave ¼ Mambo forward, Step back, Hold and Back and Back

1 - 2      Cross Right behind Left, Turn ¼ left stepping forward on Left  
3 & 4      Forward on Right, Recover weight back onto Left, Step back on Right  
5 - 7      Step back on Left. HOLD with clap  
&7 &8      Step Right next to Left, Step back on Left. Step Right next to Left, Step back on Left 3

## Section 8 – Back Rock, Shuffle forward, Forward rock, Coaster Step

1 - 2      Rock back on Right, Recover weight forward on Left  
3 & 4      Shuffle forward stepping Right forward, Step next to Right, Step Right forward

5 - 6            Rock forward on Left, Recover weight back on Right  
7 & 8            Step back on Left, Step Right next to Left, Step forward on Left 3

**\*\*\* Restarts on Walls 2 & 4 at end of Section 6**

**Ending ... Dance finishes on Count 8 of section 4 Change counts 5- 8 of section 4 to a quarter Jazz box**

5 - 6            Cross right foot over left, Step Left foot back  
7 - 8            Turning  $\frac{1}{4}$  right, step Right foot to right, step Left foot next to Right 12

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